



Times Higher Education
**Sustainability
Impact Ratings**

SDG

3

Good Health and
Well-being



SDG 3.2.1 Proportion of graduates in health professions

Number of graduates

Number of graduate students: Bachelor's degree 1,156 students, Master's degree (including in-service) 902 students, Doctoral degree 81 students, totaling 2,139 graduate students across the university.

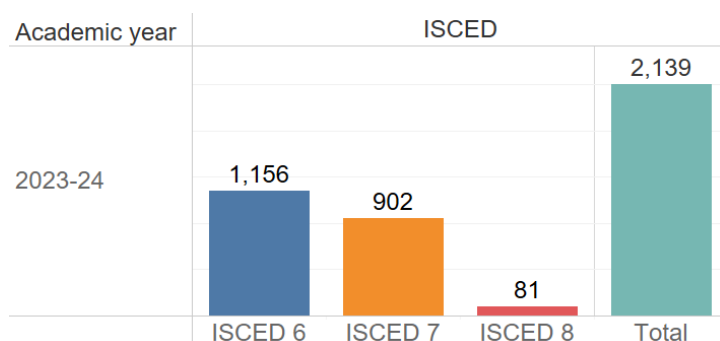


Figure 1: Number of Graduate Students

Number of graduates in health professions

The number of graduates from health-related programs (Department of Guidance and Counseling, Special Education, Biology, Chemistry, Sports, and Graduate Institute of Rehabilitation Counseling, and Sports and Health) totaled 437 students, as shown in Figure 2.

Academic year	Types	Department	ISCED			
2023-24	Health Professions	Department of Guidance and Counseling	75 (25.95%)	54 (38.30%)	2 (28.57%)	131 (29.98%)
		Department of Special Education	73 (25.26%)	16 (11.35%)	5 (71.43%)	94 (21.51%)
		Graduate Institute of Rehabilitation Counseling		6 (4.26%)		6 (1.37%)
		Department of Biology	51 (17.65%)	12 (8.51%)		63 (14.42%)
		Department of Chemistry	50 (17.30%)	22 (15.60%)		72 (16.48%)
		Department of Sports	40 (13.84%)	23 (16.31%)		63 (14.42%)
		Graduate Institute of Sports and Health		8 (5.67%)		8 (1.83%)
			ISCED 6	ISCED 7	ISCED 8	Total

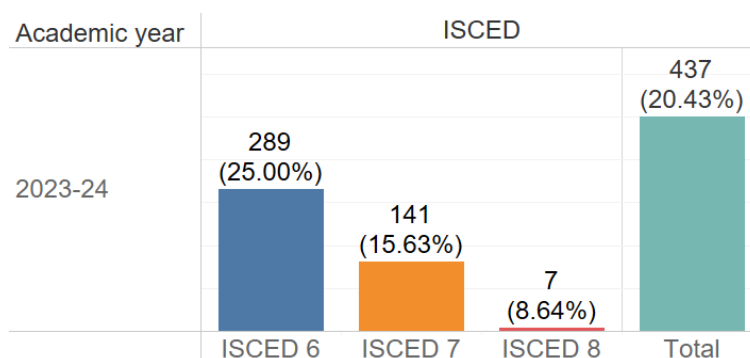


Figure 2: Number of Health-Related Program Graduates

SDG 3.3.1 Current collaborations with health institutions

NCUE actively cooperates with health institutions at local, national, and global levels to enhance the health and well-being of students and community residents to achieve the goal of ensuring health for all age groups and promoting healthcare well-being, eliminating sexually transmitted diseases, AIDS, and other infectious diseases, strengthening prevention and treatment, and reducing drug abuse.

1. Global Cooperation:

- (1) NCUE's the Department of Guidance and Counseling, to promote exchange and development between Taiwan and international expressive and creative arts therapy fields and to position NCUE as a major center for academic research and clinical practice in expressive and creative arts therapy, co-hosted "Drop of Golden Sun: Illuminating Creativity" - The 15th International Expressive Arts Therapy Association International Conference with the International Expressive Arts Therapy Association from July 14-16, 2023, as shown in Figure 1. Nearly 300 experts and scholars from 22 countries worldwide participated both online and in-person. Professionals with diverse cultural backgrounds and experiences provided workshops combining theoretical sharing, practical applications, and academic research, creating vibrant exchanges.



Figure 1: President Chen of NCUE with keynote speakers at the health workshop and International Expressive Arts Therapy Association conference

Related Links: NCUE Department of Guidance and Counseling co-hosts international conference with International Expressive Arts Therapy Association
https://www.ncue.edu.tw/p/406-1000-23487,r93.php?Lang=zh-tw&fbclid=IwAR1lxn6y6g3DBGRYtet-9zyfBFH4viE8vwfVGOgIjnkoB2_VbEYYkGjwGkw

- (2) NCUE's Graduate Institute of Rehabilitation Counseling offers transnational international certification courses for Board Certified Behavior Analysts, meeting international certification requirements as shown in Figure 2. This effectively enhances understanding of individual behavior and improvement of behavioral problems, providing high-quality teaching and guidance services, enabling students to acquire the capabilities of internationally certified behavior analysts.



Figure 2: ABAI authorization for NCUE to offer international certification courses, approval letters, admission brochures, and webpages

Related Links: ABAI authorization for NCUE to offer international certification courses, approval letters, admission brochures, and related webpage links
<https://www.abainternational.org/vcs/directory.aspx>

- (3) President Manharsinh Laxmanbhai Yadav of the India Taipei Association visited NCUE, engaging in in-depth exchanges with faculty and interactions with Indian students studying at NCUE. The strong foundation in science and engineering and eagerness to learn among Indian students have been praised by our faculty and students. President Yadav was also pleased that students could study in Taiwan, which has research and development advantages in high-tech fields. Both parties demonstrated high consensus on promoting Taiwan-India educational and cultural exchanges (as shown in Figure 3)



Figure 3: Visit by President Yadav of the India Taipei Association

Related Links: Visit by President Yadav of the India Taipei Association, with both parties showing high consensus on promoting educational and cultural exchanges
<https://www.ncue.edu.tw/p/406-1000-31197,r93.php?Lang=zh-tw>

2. At the National Cooperation Level:

- (1) NCUE actively cooperates with national health institutions to provide mental health and counseling services for faculty, staff, students, and community residents:
 (a) NCUE's Community Counseling and Human Development

Service Center was established in 1994, making it Taiwan's first and currently longest-standing university community psychological counseling center serving community members. With the president's support, it was renovated to welcome its 30th anniversary, opening in April 2025 with a renewed appearance and warm, professional counseling space, launching a new counseling environment to serve the community (as shown in Figures 4-5).



Figure 4: Tea ceremony for the opening of new counseling space for the 30th anniversary of NCUE Community Counseling and Human Development Service Center



Figure 5: NCUE's Community Counseling and Human Development

Service Center is established in 1994, and it is Taiwan's first and currently longest-standing university community counseling center.

Related Links: Tea ceremony for the opening of new counseling space for the 30th anniversary of Community Counseling and Human Development Service Center
<https://www.ncue.edu.tw/p/406-1000-30305,r622.php?Lang=zh-tw>

- (b) From August 2023 to December 2025, NCUE participated in the "Mental Health Support Program for 15-30 Age Group" and "Mental Health Support Program for 15-45 Age Group" organized by the Ministry of Health and Welfare of Taiwan. These programs provided **free** psychological counseling services for people experiencing anxiety, depression, distress, or

insomnia, helping to improve mental health issues and promote psychological resilience (as shown in Figure 6).



Figure 6: 2024-2025 Mental Health Support Program for 15-45 Age Group

Related Links: 2024-2025 Mental Health Support Program for 15-45 Age Group: <https://humanweb.ncue.edu.tw/p/406-1021-29361,r516.php?Lang=zh-tw>

- (c) Since 2022, NCUE undertook the Teacher Counseling and Guidance Support Service Implementation Plan commissioned by Changhua County Government. This program provided **free** psychological counseling services to full-time and substitute teachers in Changhua County high schools and below who experience stress, anxiety, parent-teacher communication needs to promote teachers' physical and mental health (as shown in Figure 7).

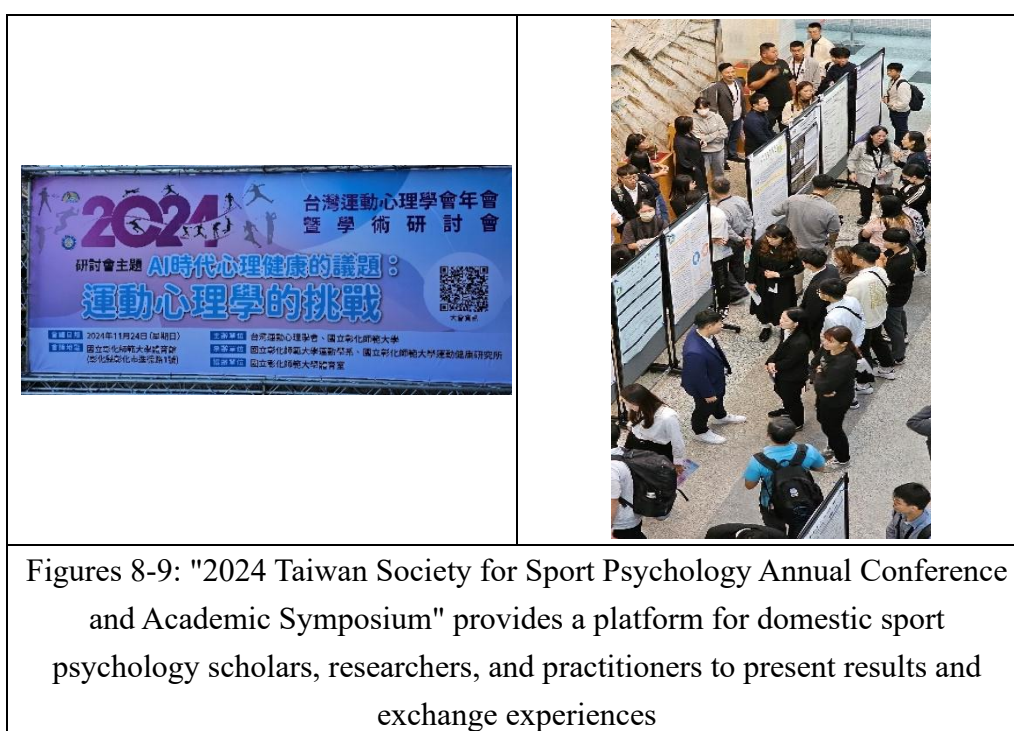


Figure 7: 2025 Teacher Counseling and Guidance Support Service Program

Related Links: 2025 Teacher Counseling and Guidance Support Service Program

<https://humanweb.ncue.edu.tw/p/406-1021-30666,r516.php?Lang=zh-tw>

- (d) The Department of Physical Education at NCUE held the "2024 Taiwan Society for Sport Psychology Annual Conference and Academic Symposium" on November 24, 2024, providing a platform for domestic sport psychology scholars, researchers, and practitioners to present results and exchange experiences to promote the integration and development of sport psychology theory and practice. The symposium aims to construct connections between psychological skills training and athletic performance, strengthen athletes' psychological adaptation and competitive resilience, thereby enhancing athletic performance and competitive stability, and promoting the research depth and academic standards of Taiwan's sport psychology field (as shown in Figures 8-9).



Related Links: 2024 Taiwan Society for Sport Psychology Annual Conference and Academic Symposium

<https://sites.google.com/view/2024ssept/%E9%A6%96%E9%A0%81?authuser=0>

- (2) NCUE's outstanding performance on health and well-being with Taiwan government:

Health-related academic journals received TSSCI Level 2 recognition; faculty research received Ministry of Education's Action Research Project Excellence Award; student club achievements on health issues received Ministry of Education's "Excellence Award"; NCUE's efforts in health-promoting schools and workplaces received national-level certification recognition.

- (a) The academic journal "The Archive of Guidance & Counseling" edited and published by the Department of Guidance and Counseling received "Taiwan Social Sciences Core Index" TSSCI Level 2 in the Psychology field in the 2024 "Taiwan Citation Index - Humanities and

Social Sciences”! (as shown in Figure 10)



Figure 10. “The Archive of Guidance & Counseling” was recognized as a "Taiwan Social Sciences Core Index" TSSCI Level 2 by "Taiwan Citation Index - Humanities and Social Sciences" in 2024

Related Links: Official website of the Journal of Guidance and Counseling
https://www.journals.com.tw/agc/contents/index.jsp?fbclid=IwY2xjawIRWxRleHRuA2FlbQIxMAABHe4Psn0pwJaZKuoS34fbLOeG2SmJB9J7pxYlcJ4lYtpuz0iVjN6n3Z_Xsw_aem_GJqk9sqqQcaRkUPMY3G4Qw

- (b) Professor Mei-Hua Chen at the Graduate Institute of Sports and Health received the 2023 Ministry of Education Outstanding Teaching Practice Research Project - "Did You Kahoot! Today? The Impact of Combined Mind Map Dual Teaching Strategy Intervention on Learning Effectiveness in Sports Psychology." (as shown in Figure 11)



Figure 11. Professor Mei-Hua Chen of NCUE received the 2023 Ministry of Education Outstanding Teaching Practice Research Project

Related Links:

- i. Faculty members of NCUE received the 2023 Ministry of Education Outstanding Teaching Practice Research Project: <https://www.ncue.edu.tw/p/406-1000-29295,r622.php?Lang=zh-tw>
 - ii. Did You Kahoot! Today? The Impact of Combined Mind Map Dual Teaching Strategy Intervention on Learning Effectiveness in Sports Psychology: <https://tpr.moe.edu.tw/achievement/plan-detail?id=0cefa29e943eaa96019487bec62e0241>
- (c) The student union of NCUE participated in the Youth Development Administration, Ministry of Education's "2025 Student Union Achievement Exhibition" and won the "Excellence Award." The 2025 "University Student Union Achievement Exhibition" was held at National Chung Hsing University on May 3-4, 2025. The exhibition booth presentation included organizing campus concerts to infect students with a joyful atmosphere for mental relaxation, and conducting Rights Week markets to promote gender equality and student legal education, richly presenting the diverse operational achievements of the student union in university affairs. (as shown in Figures 12-13)



Figure 12. NCUE's student union representative team receiving the Ministry of Education award

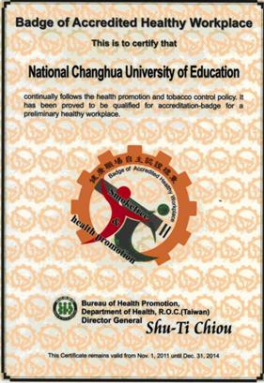


Figure 13. Group photo of NCUE's student union representatives participating in the closing ceremony of the University Student Union Achievement Exhibition

Related Links: Students of NCUE won the "Excellence Award" received Youth Development Administration, MOE's "2025 Student Union Achievement Exhibition"

<https://www.ncue.edu.tw/p/406-1000-30195,r622.php?Lang=zh-tw>

- (d) NCUE promotes campus health activities, creating a healthy campus atmosphere and encouraging faculty, staff, and students to focus on health cultivation. We have been certified as a "Healthy Workplace" by the Executive Yuan and received the highest certification mark for health promotion. (as shown in Figures 14-17)

	
Figure 14. NCUE received the highest certification mark for Healthy Workplace from the Executive Yuan	Figure 15. NCUE focuses on health issues, with the president leading all faculty, staff, and students in campus walking in the campus.
	
Figure 16. Students at NCUE are enthusiastic about dance performances	Figure 17. The opening ceremony of intramural ball game competitions

- (e) NCUE collaborates with government agencies to provide health promotion policies and measures for all faculty, staff, and students. We received a subsidy of NT\$500,000 from the Ministry of Education for the 2024-2025 University Health Promotion Implementation Program. The university regularly organize health lectures and activities on healthy weight management, healthy diet, healthy lifestyle, smoke-free campus, and AIDS prevention education to enhance the health awareness of faculty and students and cultivate good living habits. In the second semester of 2024, we organized 19 health lectures and activities with participation from 2,256 faculty, staff, and students, effectively enhancing campus health

awareness. (as shown in Figures 18-27)





(3) NCUE established the Indigenous Special Program for Elderly Health Promotion and Care Management to cultivate professional talents and improve the quality of health management and care for the elderly:

Starting from the 2023 academic year, NCUE officially established the "Indigenous Special Program for Elderly Health Promotion and Care Management (hereinafter referred to as 'the Program') and held the "College of Education Indigenous Special Program for Elderly Health Promotion and Care Management Establishment Tea Party and Unveiling Ceremony" on August 2, 2023. In the future, the Program will train Indigenous elderly health care professionals, not only encouraging Indigenous students to return to serve their communities after graduation and fulfill their social responsibilities, but also addressing the problem of unequal supply and demand in long-term care for Indigenous peoples, thereby improving the professional quality and stability of elderly care in Indigenous areas and developing healthy and happy aging lifestyles. (as shown in Figures 28-31)

	
Figure 28. Unveiling ceremony for the formal establishment of the "Indigenous Program for Elderly Health Promotion and Care Management" at the College of Education	Figure 29. Tea reception for the Indigenous Program for Elderly Health Promotion and Care Management
	
Figure 30. Traditional indigenous clothing, daily necessities, and handicrafts	Figure 31. Indigenous traditional music picnic

Related Links: Formal establishment of the "Indigenous Special Program for Elderly Health Promotion and Care Management" at the College of Education - Tea reception and unveiling ceremony <https://www.ncue.edu.tw/p/406-1000-23328,r93.php?Lang=zh-tw>

(4) Offering General Education Courses that Cultivate Students' Comprehensive Health Knowledge

The university offers general education courses on comprehensive health knowledge, formally incorporating health knowledge into the curriculum to enhance students' understanding of social health and mental-physical-spiritual knowledge, as well as their capacity and influence to contribute to societal health development in the future.

- (a) The Center for General Education held the General Education Arts and Culture Salon concert "Walking Through - Witnessing the Four Seasons of Life" on December 4, 2024, from 6:00 PM to 8:00 PM. The event invited Professor Chuang Min-jen at the Department of Music,

National Taichung University of Education leading the Chanson Choir, the Xinhe Xing Opera Troupe from Changhua County (Teacher Jiang Yi-xuan and Teacher Qiu Yi-ting), and the dance troupe from Taichung Guangming Junior High School under the guidance of Teacher Huang Xiu-miao, bringing faculty and students a diverse cross-disciplinary artistic feast. (Figures 32-33)

	
Figure 32. Performance of the classic excerpt "Parting at the Kiln" from Xue Pinggui and Wang Baochuan	Figure 33. Performance of "Dancing High - Cherry Blossoms" by Guangming Junior High School Dance Troupe

Related Links: General Education Arts and Culture Salon - "Walking Through - Witnessing the Four Seasons of Life" Cross-disciplinary Concert Successfully Concluded: <https://www.ncue.edu.tw/p/406-1000-28970,r622.php?Lang=zh-tw>

- (b) The Center for General Education held the General Education Arts and Culture Salon "Salut d'Amour" concert on May 7, 2025, from 6:00 PM to 8:00 PM, specially inviting Ms. Guo Mei-nu, retired professor from National Taitung University, to lead her vocal ensemble for a performance on campus. The performing members included nine outstanding musicians: Chen Kan-ling, Chen Yu-zhen, Wu Chun-yu, Yu Cheng-hong, Li Zi-wei, Xiao Cheng-you, Lu Zhen, Huang Shan-sheng, and Chen Zi-xuan, with Professor Guo Mei-nu personally serving as the concert guide, bringing faculty and students a vocal feast filled with love and emotion. (Figures 34-35)



Related Links: General Education Arts and Culture Salon "Salut d'Amour" Concert Successfully Concluded: <https://www.ncue.edu.tw/p/406-1000-30362,r622.php?Lang=zh-tw>

(5) Collaborating with the Ministry of Education to Promote Prevention of Student Drug Abuse

- (a) Professor Wu Pei-fen at the Department of Information Management led students to participate in the "6th Campus Drug Prevention and Anti-Bullying Micro-film Competition" organized by the Ministry of Education, winning the Bronze Award! The Ministry of Education stated that students conveyed the concept of "refusing drugs and preventing bullying" from the perspective of the new generation of young people, achieving the effect of mutual assistance and reminder. By presenting from students' perspectives and using the language of the new generation, it better resonates with young students' thoughts and generates empathy. Through engaging cinematic language sharing, it carries more positive educational significance. For the excellent award-winning works from this micro-film competition, the Ministry of Education will not only promote them through various media platforms and public screenings at schools at all levels, but will also share them through social networks to achieve deeper influence. (Figure 36)



Figure 36. The Department of Information Management won the Bronze Award in the Ministry of

Education's [Campus Drug Prevention and Anti-Bullying Micro-film Competition]

Related Links: The 6th Campus Drug Prevention and Anti-Bullying Micro-film Competition by the Ministry of Education: <https://www.ncue.edu.tw/p/406-1000-23692,r93.php?Lang=zh-tw>

- (b) The university applied to the Ministry of Education for the "Service-Learning Model Program for Prevention of Student Drug Abuse in Universities and Colleges" in the 2024-2025 academic year, conducting drug abuse prevention advocacy activities at nearby and remote elementary and junior high schools. The approved project funding totaled NT\$325,090. In 2024, under the plan, the university mobilized 103 volunteer students to complete bilingual anti-drug education at 2 junior high schools and anti-drug drama advocacy activities at 6 elementary schools, with participation from 92 teachers and 1,710 students from elementary and junior high schools. For the program in 2025, the plan will include advocacy activities at 2 nearby junior high schools (using bilingual integration approach) and 6 elementary schools (using drama approach), with an estimated 1,427 elementary and junior high school students to receive the education. (Figures 37-40)



Related Links: National Changhua University of Education Drug Abuse Prevention Advocacy Website: <https://stuaffweb.ncue.edu.tw/p/412-1039-1445.php>

- (c) The university has long been committed to student drug abuse prevention work and has been selected as a national outstanding university for drug abuse prevention among universities

and colleges for three consecutive years. Moreover, the university is the only national university among universities and colleges to be selected as an outstanding school for three consecutive years. (Figure 41)



Figure 41. The university actively implements student drug abuse prevention work and receives recognition as an outstanding school from the Ministry of Education

Related Links: National Changhua University of Education Wins Ministry of Education Outstanding School Award for Student Drug Abuse Prevention for three Consecutive Years: <https://www.ncue.edu.tw/p/406-1000-3131,r93.php?Lang=zh-tw>

(6) The university values faculty and student physical education and sports, encouraging exercise for health, and has cultivated many athletic champions, who bring glory to the country and the school!

(a) Mr. Hong Jun-yi, a fourth-year student from the Department of Sports, participated in the 2025 Rhine-Ruhr World University Games taekwondo men's 80kg category for the first time, made it into the gold medal match, and won the silver medal. In the competition, he demonstrated his stature advantage and excellent coordination, relying on disciplined training and exquisite technique to bring additional honor to Taiwan and the university. (See Figure 42)



Figure 42. Hong Jun-yi's decisive spinning kick in the semifinals, securing the men's team silver medal after an eight-year drought

Related Links: Hong Jun-yi's decisive spinning kick in the semifinals, securing the men's team silver medal after an eight-year drought

<https://www.ssu.org.tw/News/Detail/18158a7d-2988-4053-a026-5838a3ed8264>

- (b) Ms. Jin Yi-jun, a third-year student from the Department of Sport, participated in the 2025 Rhine-Ruhr World University Games taekwondo women's over 73kg category for the first time and won the silver medal. Although it was her first time competing in a major international competition, she still stood out with her tenacious will and fighting spirit, bringing glory to Taiwan and the university. (Figure 43)



Figure 43. Jin Yi-jun loses to South Korean opponent and settles for silver medal

Related Links: World University Games: After three consecutive gold medal matches lost to South Korea, Jin Yi-jun regrettably loses and settles for another silver:
<https://tw.sports.yahoo.com/share/2a70b11e-87ca-32e6-a3f5-96eb989215b9>

- (c) Three students from the Department of Sports - sophomore Huang Zhuo-cheng, senior Hong Jun-yi, and second-year graduate student Zhong Jun-jie - formed the Chinese Taipei men's taekwondo team and won the silver medal at the 2025 Rhine-Ruhr World University Games. These three students demonstrated tacit cooperation and strong fighting spirit in the competition, and they made into the gold medal match and achieving excellent results for Taiwan and the university. (Figure 44)



Figure 44. NCUE's Department of Sports Science taekwondo team won the silver medal in men's team competition

Related Links: Congratulations! The Department of Sports Science taekwondo team competed in the 2025 Rhine-Ruhr World University Games, winning three silver medals, bringing glory to the country and honor to the school!

<https://www.ncue.edu.tw/p/406-1000-31196,r93.php>

- (d) Ms. Jian Tong-juan from the Department of Sports represented Chinese Taipei in the women's doubles table tennis event at the 2025 Rhine-Ruhr World University Games, advancing to the semifinals with her partner and winning the bronze medal. Their first-time partnership immediately demonstrated excellent coordination and stable performance, adding more honor to Taiwan and the university.



Figure 45. Jian Tong-juan and Cai Yun-en's first-time partnership wins World University Games table tennis women's doubles bronze medal

Related Links: Jian Tong-juan and Cai Yun-en's first-time partnership wins World University Games table tennis women's doubles bronze medal: <https://news.pts.org.tw/article/762278>

- (e) The university participated in the 2025 National Intercollegiate Athletic Games (April 27 to May 2, 2025, at Chang Jung Christian University), competing in 9 events including track and field, table tennis, badminton, tennis, taekwondo, judo, boxing, karate, and cycling. The university ultimately won 14 gold, 5 silver, and 8 bronze medals, ranking 8th nationally in total medal count (5th excluding the 3 sports universities), showing significant improvement from the 2024 performance of 6 gold, 9 silver, and 11 bronze medals. (Figure 46)



Figure 46. First place in women's open group taekwondo sparring 57kg, men's open group taekwondo sparring 68kg, and over 87kg categories

- (f) NCUE's taekwondo team swept 10 gold, 2 silver, and 3 bronze medals at the 2025 National Intercollegiate Athletic Games. Gold medalists included: men's sparring 54kg Li Qi-en, 63kg Huang Zhuo-cheng, 68kg Pan Kui-en, 74kg Huang Yu-rui, 87kg Hong Jun-yi, 87kg Chen Liang-xi; women's sparring 49kg Jiang Zhi-yun, 53kg Su Bo-ya, 57kg Lin Wei-jun, 62kg Zhang Rui-en. (Figure 47)



Figure 47. Second place in men's open group tennis team competition

- (g) NCUE's table tennis team won the gold medal in the women's open group doubles event at the 2025 National Intercollegiate Athletic Games, with the partnership of Zheng Xian-zhi and Jian Tong-juan. The two players relied on the stable coordination accumulated through long-term training and fully demonstrated their collaborative advantages in the finals, showing high-level teamwork ability. (Figure 48)



Figure 48. First place in women's open group table tennis doubles competition

- (h) NCUE's cycling team performed brilliantly at the 2025 National Intercollegiate Athletic Games. Yang Ting-yu won three consecutive gold medals in the women's open group individual pursuit, points race, and scratch race. Wang Chu-yi won the silver medal in the elimination race, demonstrating excellent speed and endurance, adding one more medal for NCUE. (Figure 49)



Figure 49. Three consecutive gold medals in women's open group individual pursuit, points race, and scratch race

Related Links: (e-h) Congratulations! The university achieved brilliant results of 14 gold, 5 silver, and 8 bronze medals at the "2025 National Intercollegiate Athletic Games," with outstanding performance.

<https://www.ncue.edu.tw/p/406-1000-30304,r622.php?Lang=zh-tw>

- (i) International students at the university achieved outstanding results again! Overseas and international students "rowing together" courageously won fourth place in the international group of the Lukang Dragon Boat Race! Two teams mixed with students from different countries and regions represented the school in the 2025 Lukang Celebrating Dragon Boat Festival International Dragon Boat Championship, demonstrating excellent team coordination and fighting spirit. In addition to receiving trophies from the Changhua County Government and medals for each participant, this added beautiful memories to the cultural integration between overseas students and local students and university life! (Figures 50-51)



Figure 50. NCUE paddlers at the starting line, poised and ready



Figure 51. NCUE students working together in perfect sync, paddling forward with full effort

Related Links: Overseas and international students "rowing together," courageously achieving fourth place in the Lukang Dragon Boat Race international group:
<https://www.ncue.edu.tw/p/406-1000-30600,r622.php?Lang=zh-tw>

3. Local Collaboration:

The university collaborates and forms alliances with local government agencies, medical institutions, and communities. Through cross-sector cooperation, participation, and interaction, we continuously create supportive environments that benefit the health of faculty, staff, students, and community residents. This approach strengthens and expands community resources, implements community health functions, maximizes NCUE's potential for giving back to the community, and promotes the optimal health of community residents.

(1) The university actively enhances health measures for local and campus faculty, staff, and students, providing holistic care services

(a) The university has established comprehensive physical and mental health care administrative units, including the Health Center of the Office of Student Affairs, Student Psychological Counseling and Consultation Center, Community Psychological Counseling and Guidance Center, Physical Education Office, and Environmental Protection and Occupational Safety and Health Center. These units provide holistic health care and professional guidance for all faculty, staff, and students. (Figures 52-53)



Figure 52. Web page of Health service section of the Office of Student Affairs webpage



Figure 53. Web page of Student Psychological Counseling and Guidance Center

(b) The university employs medical personnel including 3 full-time registered nurses, 7 full-time psychologists, and 12 part-time psychologists, providing faculty and students with **free** health consultation, medical care, individual and group counseling resources, and health management services. Additionally, we specially invite physicians from Changhua Christian Hospital Medical Center, including family medicine physicians, occupational medicine physicians, psychiatrists, and traditional Chinese medicine practitioners, to provide on-campus outpatient services, physical and mental health consultation, on-site health guidance, and physical therapy. We also maintain contracted partnerships with 26 local medical clinics for medical resource referrals and to provide preferential medical services and choices for all faculty, staff, and students. (Figures 54-55)



Figure 54. Physicians providing on-campus medical services

注意事項

- 1.主科及學期開課日期，請參照學生組出之**教職員工生課表**，考慮時間因素，不適用於所有年級。
- 2.選課時，請向各系醫院（含部科）及直轄區首一級附設醫院查詢實況並錄，門診時間如有修改或調整，一律參閱醫院公告為要。

☆教職員工生就醫指南<http://img.mg.com.tw> 附件：醫院一覽表(內附) 詳見附件下載

醫療院所	服務科別	地址/電話	門診時間	一	二	三	四	五	六	日
長庚醫院 (含急診)	綜合科 (含急診)	彰化市中山路 一號長庚醫院 04-7256165	上午 08:30-12:00	●	●	●	●	●	●	●
			下午 14:00-17:30	●	●	●	●	●	●	●
			晚上 18:00-21:00	●	●	●	●	●	●	●
醫療院所	服務科別	地址/電話	門診時間	一	二	三	四	五	六	日
彰捷 長庚醫院	綜合科 (含急診)	彰化縣鹿港鎮鹿 港工業區2號 04-7256165	上午 08:30-12:00	●	●	●	●	●	●	●
			下午 14:00-17:30	●	●	●	●	●	●	●
			晚上 18:00-21:00	●	●	●	●	●	●	●
醫療院所	服務科別	地址/電話	門診時間	一	二	三	四	五	六	日
奇捷 天恩醫院	綜合科	彰化市光復路232 號 04-7224155	上午 08:30-12:00	●	●	●	●	●	●	●
			下午 14:00-17:30							
			晚上 18:00-21:00							
醫療院所	服務科別	地址/電話	門診時間	一	二	三	四	五	六	日
彰捷會 豐醫院	綜合科	彰化市光復路35 號 04-7256165	上午 08:30-12:00	●	●	●	●	●	●	●
			下午 14:00-17:30							
			晚上 18:00-21:00							

Figure 55. Webpage of information on NCUE's contracted hospital resources

Related Links: NCUE's contracted hospitals provide preferential medical services and choices for all faculty, staff, and students: <https://healthweb.ncue.edu.tw/p/412-1041-3564.php>

(c) Each semester, we invite emergency department physicians or nurses from Changhua Christian Hospital to offer a general education course "Emergency Rescue Education," providing students with opportunities to learn first aid skills. This course is highly popular among students. (Figure 56)



Figure 56. General education course "Emergency Rescue Education" - CPR+AED

(d) NCUE's 2023 academic year sports day - the 52nd Anniversary "520 I Love You" Sports Day was held on December 7, 2023, at the Jinde Campus, with President Chen Ming-fei serving as the chairperson. This year's sports competitions were held during the morning, including track and field events, ball games for students and faculty/staff, and recreational competitions. The sports day concluded with a walking activity led by President Chen Ming-fei, who guided all faculty, staff, and students in a campus walk, bringing the year's sports day to a perfect conclusion. (Figures 57-60)



Figure 57. Flag procession



Figure 58. President Chen Ming-fei firing the starting gun for the campus walk



Figure 59. Staff recreational competition

Figure 60. Student tug-of-war competition

Related Links: National Changhua University of Education 2023 Academic Year Sports Day Opening Ceremony - 52nd Anniversary "520 I Love You" Sports Day: <https://www.ncue.edu.tw/p/406-1000-24565,r93.php?Lang=zh-tw>

- (e) The university provides comprehensive health care service statistics for all faculty, staff, and students, including on-campus physician consultations and occupational health services, injury treatment and health consultation, emergency incidents and medical referrals, medical equipment and nursing room loans, health equipment usage, and individual counseling services for each college. The annual service statistics are shown in Table 1. This year's total service volume is significantly higher than the previous two years, demonstrating the high level of support from faculty and students for NCUE's health and well-being services. (Figure 61)

Table 1. Annual Statistics of Physical and Mental Health Care Services for All Faculty, Staff, and Students

Physical and Mental Health Care Service Items/Year	2022	2023	2024
Part-time campus physician consultations and occupational health services	212 visits	317 visits	433 visits
On-campus injury treatment and health consultation	3,137 visits	2857 visits	3243 visits
Emergency incidents and medical referral services	31 people	24 people	30 people
Medical equipment, nursing room, and epidemic prevention supplies loans	653 visits	203 visits	243 visits
Health equipment usage	217 visits	464 visits	1094 visits
Individual counseling services for each college	4,927 visits	4,548 visits	4,933 visits
Total Service Volume	9177	8413	9976

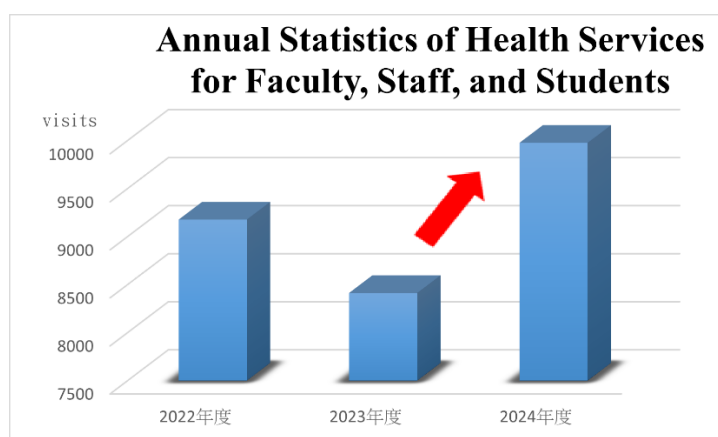


Figure 61. Annual Statistical Chart of Health Services for Faculty and Students at NCUE

- (2) In response to the United Nations Sustainable Development Goal 3 "Good Health and Well-being," NCUE organizes specialized symposiums focusing on public health, mental health, and medical innovation to promote knowledge exchange and interdisciplinary cooperation. We also provide scholarship programs to support young students in deepening their expertise in health-related fields, cultivating sustainable talent dedicated to protecting health.
- (a) To promote the development of long-term care education and services, Changhua Christian Hospital and NCUE jointly signed a memorandum of understanding for the "Long-term Care Professional Training Program," working together to cultivate outstanding Indigenous care professionals and address the unequal supply and demand of long-term care in tribal communities. This cooperation aims to support and assist the growth and learning of Indigenous students and promote their return to serve their communities in response to the challenges of Taiwan's impending super-aged society. (Figure 62)



Figure 62. Signing Ceremony for Cooperation between the Indigenous Special Program for Elderly Health Promotion of NCUE and Changhua Christian Medical Center

Related Links: Signing Ceremony for Cooperation between the Indigenous Special Program for Elderly Health Promotion of NCUE and Changhua Christian Medical Center: <https://coe.ncue.edu.tw/p/406-1033-27184,r370.php?Lang=zh-tw>

- (b) Changhua Christian Hospital Medical Center donated NT\$300,000 in scholarships to support Indigenous program students at NCUE. This not only demonstrates Changhua Christian Hospital's emphasis on education but also provides important financial support for indigenous students' learning and future development. This scholarship will be awarded to outstanding indigenous program students, enabling them to focus on their studies, reduce their financial burdens, and make them a better future. (Figure 63)



Figure 63. Group Photo of Students from NCUE's Indigenous Program for Elderly Health Promotion and Care Management Participating in the Taiwan Assistive Technology and Long-term Care Exhibition

Related Links: Changhua Christian Hospital Medical Center Donates NT\$300,000 Scholarship to Support Indigenous Program Student: <https://www.ncue.edu.tw/p/406-1000-30151,r622.php?Lang=zh-tw>

- (c) NCUE's Graduate Institute of Rehabilitation Counseling organized the symposium "Implementing the Concept of Reasonable Accommodation in Vocational Rehabilitation Practice." The institute has been committed to promoting the concept of reasonable accommodation. We specially invited Taiwanese-American scholar Dr. Chung-Yi Chiu to return to Taiwan to share experiences, aiming to help domestic vocational rehabilitation professionals further understand reasonable accommodation's origins—the implementation experience of the Americans with Disabilities Act (ADA). This concept extends to employment for people with disabilities, emphasizing employers' responsibility to provide "reasonable accommodation" measures for employees with disabilities or chronic diseases, enabling disabled employees to adapt to job requirements and demonstrate work effectiveness through these measures. (Figure 64)



Figure 64. Dr. Chung-Yi Chiu's Lecture

Related Links: Graduate Institute of Rehabilitation Counseling Organizes Symposium to expand international perspectives for industry, government, and academic sectors in domestic vocational rehabilitation: <https://www.ncue.edu.tw/p/406-1000-23537,r93.php?Lang=zh-tw>

- (d) The "Educational Forward-looking Issues Trend Forum" and "Professional Lecture for Graduate Institute of Rehabilitation Counseling" held on December 12, 2023. NCUE's College of Education and Graduate Institute of Rehabilitation Counseling jointly organized these events, honestly inviting Associate Professor Lin Chien-Chun from the Graduate Program in Rehabilitation and Mental Health Counseling at Western Oregon University to present "Introduction to the Current Status of Rehabilitation Counseling in the United States." (Figure 65)



Figure 65. Group Photo of Faculty and Students Participating in the [Educational Forward-looking Issues Trend Forum]

Related Links: College of Education [Educational Forward-looking Issues Trend Forum] Introduction to the Current Status of Rehabilitation Counseling in the United States: <https://www.ncue.edu.tw/p/406-1000-24646,r93.php?Lang=zh-tw>

- (e) In the 2024 academic year, NCUE employs 7 full-time psychologists and 12 part-time psychologists, providing students with **free** individual counseling and group counseling resources. We also have contracted psychiatrists from hospitals providing physical and mental health consultation, and collaborate with local medical clinics for medical resource referrals, with a total of 16 people applying to use these consultation resources. A total of 24 group counseling activities were conducted with 157 total participants; special case treatment group activities had 16 total participants with 106 activity sessions; individual counseling sessions (including individual counseling, individual psychological testing and interpretation) received applications from 753 people, with 4,564 total counseling sessions. (Figure 66)



Figure 66. NCUE Provides Quality Counseling Spaces

- (f) "Shetou Sock Manufacturing - Innovation, Entrepreneurship, and Regional Revitalization" University Social Responsibility (USR) Implementation Project – Social Practice and Teaching Innovation Exchange Symposium. Professor Kelly Yeh from NCUE's Department of Business Administration, the project principal investigator, stated that this project aims to combine university social responsibility, corporate social responsibility, and community social responsibility to achieve the ultimate goal of "shared value creation," not only creating social value but also economic value, and linking with three UN SDGs indicators: Quality Education, Sustainable Cities and Communities, and Decent Work and Economic Growth. (Figure 67)



Figure 67. Group Photo of Faculty and Staff from the "Shetou Sock Manufacturing - Innovation, Entrepreneurship, and Regional Revitalization" USR Implementation Project

Related Links: "Shetou Sock Manufacturing - Innovation, Entrepreneurship, and Regional Revitalization" University Social Responsibility (USR) Implementation Project – Social Practice and Teaching Innovation Exchange Symposium: <https://www.ncue.edu.tw/p/406-1000-3165,r93.php?Lang=zh-tw>

- (3) NCUE collaborates with medical institutions in academic research cooperation, focusing on health promotion, disease prevention, and medical innovation, committed to enhancing the physical and mental health and well-being of faculty and students, strengthening campus

medical resource connections, and creating a safe, caring, and sustainable campus environment.

- (a) NCUE's Department of History, together with Changhua Christian Hospital Cultural and Historical Museum and Wisdom Digital Culture Enterprise, co-created "Walking in Changhua Christian Hospital: Taiwan Digital Walking Tour Zone," which officially launched on June 26, 2023, with a system launch event. Through the establishment of the digital walking tour system, the historical stories of Changhua Christian Hospital are combined with digital technology, allowing the public to learn about the historical stories of Changhua Christian Hospital through their mobile phones during urban travel. (Figures 68-69)



Figure 68. "Walking in Changhua Christian Hospital: Taiwan Digital Walking Tour Zone" Officially Launches



Figure 69. MOU Signing Ceremony between NCUE's College of Liberal Arts Graduate Institute of History and Changhua Christian Hospital Cultural and Historical Museum

Related Links:

- i. "Walking in Taiwan" Changhua Christian Hospital Digital Walking Tour Platform Officially Launches: <https://www.youtube.com/watch?v=trWkom7WfuM>
- ii. Graduate Institute of History Collaborates with Changhua Christian Hospital Cultural and Historical Museum and Wisdom Digital Culture Enterprise to Co-create "Walking in Changhua Christian Hospital" Taiwan Digital Walking Tour Zone: <https://www.ncue.edu.tw/p/406-1000-22340,r93.php?Lang=zh-tw>
- iii. MOU Signing Ceremony between NCUE's College of Liberal Arts Graduate Institute of History and Changhua Christian Hospital Cultural and Historical Museum - Event Photos:

<https://ncuearts.ncue.edu.tw/p/406-1026-6963,r114.php?Lang=zh-tw>

- (b) NCUE actively cooperates with local health bureaus and medical institutions such as Show Chwan Memorial Hospital, Changhua Christian Hospital medical centers, and community hospitals for various health promotion matters including physical health examinations, sex education including AIDS prevention education, influenza vaccination, infectious disease prevention, etc., combining local medical institutions and NCUE's professional personnel to care for the health and well-being of campus faculty and students. (Figures 70-71)



Figure 70. Influenza Vaccination



Figure 71. On-campus Health Examination

- (4) NCUE is committed to comprehensively promoting the physical, mental, and spiritual health of faculty and students, proactively applying for various health related projects to create a comprehensive healthy campus.

To effectively improve campus faculty and student health, we proactively apply for relevant Ministry of Education projects such as Character Education Promotion and Deep Cultivation School Project, Anti-drug Service Learning for College and University Students, Healthy Schools Project, training professionals for sexual assault prevention, preventing student drug

abuse, holistic health concept-based weight management, sexually transmitted diseases and AIDS prevention advocacy, and tobacco harm prevention. Adhering to the healthy campus promotion concept, we create a health and well-being campus. The statistics shown in Table 2.

Table 2. Overview of Ministry of Education Subsidized College and University Healthy Schools Project, College and University Anti-drug Service Learning Model Program (Anti-drug), and Character Education Promotion and Deep Cultivation School Project and Results Over the Years

Year/Project Name		Theme	Subsidy Amount	Participants	Total Participants
2024	College and University Healthy Schools Project subsidized by Ministry of Education	Fashionable Health Fashion Guide	8,102	150,000	14,031
	College and University Anti-drug Service Learning Model Program	Elementary and Middle School Anti-drug Drama On-campus Advocacy Activities	3,229	31,4540	
	Character Education Promotion and Deep Cultivation School Project	Character Education Series Activities	2,700	115,000	
2023	Ministry of Education Subsidized College and University Healthy Schools Project	Fashionable Health Fashion Guide	4,611	150,000	10,194
	College and University Anti-drug Service Learning Model Program	Elementary and Middle School Anti-drug Drama On-campus Advocacy Activities	1,894	31,4540	
	Character Education Policy Performance	Character Education Series Activities	3,700	84,375	

(a) NCUE received Ministry of Education's subsidies to implement the College and University Healthy Schools Project, College and University Anti-drug Service Learning Model Program (Anti-drug), and Character Education Promotion and Deep Cultivation School Project, comprehensively promoting faculty and student physical, mental, and spiritual health promotion. (Figures 72-73)



Figure 72. Anti-drug Eight Strategies Drama Performance



Figure 73. Anti-drug Education Theater Workshop Drama Performance

Related Links: NCUE's student drug abuse prevention (Purple Cone Flower Campaign)

Highlights: <https://stuaffweb.ncue.edu.tw/p/412-1039-1445.php?Lang=zh-tw>

- (b) NCUE adheres to the spirit of "Healthy Schools," actively planning health literacy courses and activities over the years, creating a healthy campus environment to enhance the holistic health of all faculty, staff, and students. The health promotion project themes are "Tobacco Harm Prevention," "Sexually Transmitted Diseases including AIDS Prevention Education," "Weight Control Management," and "Healthy Living," with 2,256 participants in the 2024 academic year. (Figure 74)



Figure 74. Four Major Themes of Health Promotion Project

Related Links: Historical Results of NCUE's Healthy Schools Project:
<https://healthweb.ncue.edu.tw/p/412-1041-1264.php?Lang=zh-tw>

- (c) The university implement the “Character Education Promotion” and “Deep Cultivation School Project”, with the development vision of becoming "a first-class university with excellent teaching, innovative research, and sustainable service." 2,700 students participated these projects in 2024 (Figures 75-76), and statistics on total participants in the activities are shown in Figure 77.

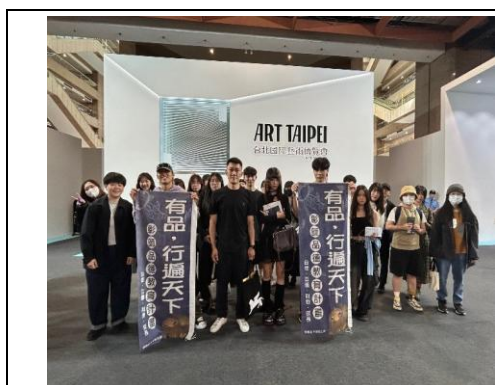


Figure 75. On-site Teaching at 2024 Taipei Art Fair



Figure 76. Love and Gratitude - Card Passing Gratitude Activity

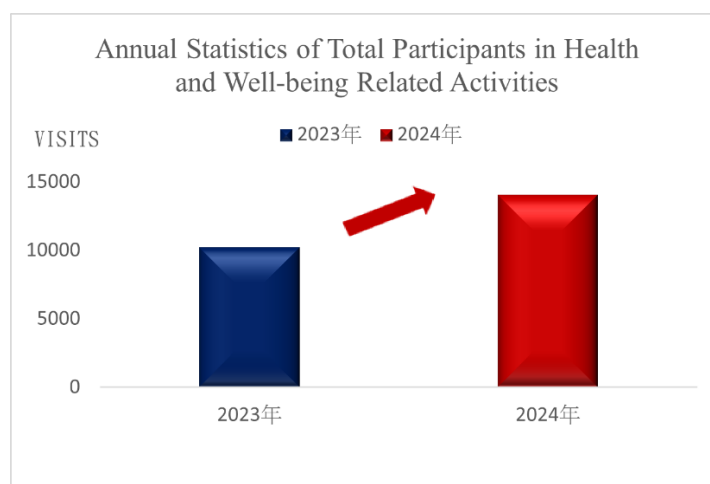


Figure 77. Annual Statistical Chart of Total Participants in Health and Well-being Related Activities

- (5) The university provides comprehensive health care for the faculty and students. It cooperates with local health authorities to conduct campus infectious disease prevention and control work, including tuberculosis, dengue fever, chickenpox, and other diseases. By creating healthy environments and implementing environmental disinfection, the campuses' environments are improved, the risk of cluster infections is reduced, and a safe and secure learning environment is created.

- (a) Health activity information and health education promotion are provided to faculty and

students on bulletin boards, electronic announcements, electronic displays, Facebook fan pages, and scrolling banners, including: smoking cessation information, sex education including AIDS prevention, dengue fever, vaccine information, and respiratory disease health education regarding mycoplasma pneumonia and other conditions. (Figures 78-79)



Figure 78. Health education promotion on the website



Figure 79. Health education promotion on Facebook fan page

(b) Close cooperation with health authorities to conduct campus infectious disease prevention promotion and create a healthy campus atmosphere. (Figures 80-83)



Figure 80. Dengue fever environmental inspection - inspect, clear, scrub, empty

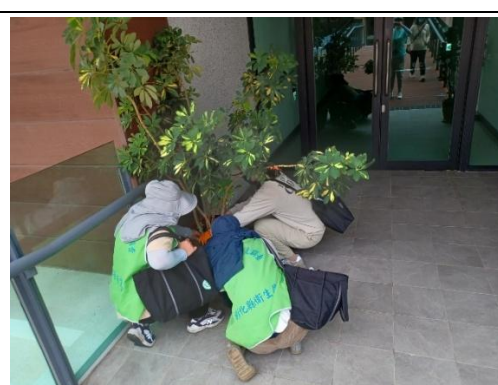


Figure 81. Cooperating with health agency for environmental inspection of water containers



Figure 82. Comply with the Ministry of Education's policy to register the ingredients used in campus restaurants



Figure 83. Comply with the Ministry of Education's policy to promote food hygiene in colleges and universities

(c) NCUE provides adequate and comprehensive handwashing facilities, maintains classroom cleanliness and ventilation, conducts comprehensive environmental cleaning, mosquito breeding source elimination, and disinfection work, when necessary. In addition, we continuously pay attention to students' physical condition and report infectious diseases in accordance with regulations to prevent epidemic spread. (Figure 84)



Figure 84. Regular environmental cleaning and disinfection to prevent infectious disease

(6) NCUE collaborated with the local blood donation center and organized campus blood donation activities. This semester, a total of 4 campus blood donation activities were held, collecting over 785 bags of blood through the enthusiastic participation of faculty and students across the university. The university received an award from the Ministry of Education for outstanding blood donation performance in 2024. Through blood donation activities, the social responsibility and civic consciousness of all faculty and students are enhanced, practicing the United Nations Sustainable Development Goal SDG 3: Good Health and Well-being. (Figures 85-88)



Figures 85-88. Blood donation activity photographs and Ministry of Education's award for outstanding blood donation performance

(7) NCUE's Office of International Affairs leads international students in enterprise visits and exploration of local culture, deepening their understanding of Taiwan's industries and culture: To deepen the connection between international students and local culture and encourage them to remain in Taiwan for employment after graduation, the Office of International Affairs organized 3 sessions of "Taiwan National University System" enterprise visits and cultural experience activities in 2024.

In these activities, international students from NCUE and other member institutions of the system visited ChipMOS Technologies Changhua Plant and Elite Electronics and experienced rice food culture, woodworking, and ceramic painting DIY handicrafts in Erlin Township and Shuili Township. Students from different nationalities interacted and learned together with great interest, enhancing their understanding of Taiwan's culture and industries through these activities, achieving fruitful results. (Figures 89-90)



Figure 89. Office of International Affairs organized 3 sessions of "Taiwan National University

System" enterprise visits and cultural experience activities in 2024



Figure 90. Students' participating woodwork experience at the workshop in Checheng, Shuili Township

Related Link: Deepening Understanding of Taiwan's Industries and Culture: Office of International Affairs Leads International Students in Enterprise Visits and Local Culture Exploration: <https://www.ncue.edu.tw/p/406-1000-28883,r622.php?Lang=zh-tw>

- (8) The "Monster Chemistry 2025" summer camp, which was organized by NCUE's Department of Chemistry, combined SDGs with chemistry to practice sustainability. Related to SDG 3: Good Health and Well-being, activities include making sunscreen lotion, lip balm, and understanding Traditional Chinese Medicine constitution types. The activities combine experimental courses, allowing participants to find joy in healthy living through learning. (Figure 91)



Figure 91. NCUE's "Monster Chemistry" 2025 summer camp

Related Link: The "Monster Chemistry 2025" Summer Camp organized by NCUE's Department of Chemistry integrates SDGs with chemistry to practice sustainability, SDG 3: Good Health and Well-being: <https://www.ncue.edu.tw/p/406-1000-31137,r622.php?Lang=zh-tw>

- (9) University faculty and staff representatives participate in local community sports competitions, with achievements in promoting health and well-being receiving recognition and awards. The 2025 National Teachers' Colleges Mu-Duo Cup Faculty and Staff Table Tennis Tournament was held on April 18 at the Minsheng Campus of National Taichung University of Education. Table

tennis experts and retired players from teachers' colleges nationwide competed together. NCUE's faculty and staff formed women's and men's mixed table tennis teams with 15 colleagues and faculty members participating. They won second place in this Mu-Duo Cup tournament with mutual encouragement and unity among faculty and colleagues. In the future, they will continue their efforts, winning health through table tennis sports and continuing to bring honor to NCUE. (Figure 92)



Figure 92. NCUE Faculty and Staff Table Tennis Team Won runner-up in the 2025 Mu-Duo Cup Faculty and Staff Table Tennis Tournament

Related Link: University Faculty and Staff Table Tennis Team Wins Second Place in Mixed Division of Mu-Duo Cup Faculty and Staff Table Tennis Tournament
<https://www.ncue.edu.tw/p/406-1000-30123,r623.php?Lang=zh-tw>

SDG 3.3.2 Health outreach programmes

NCUE provides outreach programs and projects in the local community (including student volunteers) to improve or promote health and well-being, encompassing topics such as hygiene, nutrition, family planning, sports, exercise, aging, and other health and well-being related subjects.

1. NCUE's Community Counseling and Human Development Service Center provides zero-distance health consultation services for community residents, and enhances their mental health

(1) The "NCUE Community Counseling and Human Development Service Center" has been established 30 years and has been approved by the local health bureau as an institution authorized to conduct telecommunication psychological counseling services and provide health services to the community.

(2) NCUE's Community Counseling and Human Development Service Center is responsible for providing **free** psychological health counseling for employees. This center collaborates with the Personnel Office to implement psychological health service programs for faculty and staff on campus, assisting the organization in establishing secondary prevention measures for employee mental health. Through **free** psychological counseling, group sessions, and lectures, the center promotes mental health knowledge among organizational personnel to enhance their psychological well-being, enabling them to focus on official duties during work hours and thereby improving work efficiency.

(3) Main service items include:

- (a) Providing professional psychological counseling services to community residents.
- (b) Providing practical training and in-service training for psychological counseling professionals.
- (c) Providing supervision services for interns and psychological counseling professionals.
- (d) Assisting local enterprises in employee mental health promotion.
 - i. Collaborating with the local enterprise "Chihbu Applied Co., Ltd." to participate in the "2024 Youth Career Counseling Service Program," providing career counseling services for the target population of the "2024 Changhua County Youth Career Guidance Service Program," enhancing youth workplace adaptability and assisting young people in entering the job market.
 - ii. Collaborating with the local enterprise "Elite Electronic Industry Co., Ltd." to assist in training enterprise supervisors and project managers in sensitivity and high-efficiency communication skills, enhancing supervisors' ability to identify employees' psychological needs, promoting organizational personnel's mental health knowledge to improve psychological well-being, enabling focus on official duties during work hours to improve work efficiency, enhance physical and mental health, create a positive organizational culture of interaction, and thereby increase happiness.

Related Link: University's Community Psychological Counseling and Potential Development Center: <https://humanweb.ncue.edu.tw/>

2. Through Industry-Academia Collaboration, Cultivating Local and Rural Professional Care Personnel to Improve Care Quality for the Elderly Population

(1) We offer the "Indigenous Special Program for Elderly Health Promotion and Care Management" to cultivate professional talent and improve the quality of life in health management and care for the elderly.

(2) NCUE's "Indigenous Special Program for Elderly Health Promotion and Care Management" collaborates with local medical centers through industry-academia partnerships to provide students with hospital internship opportunities. The curriculum is divided into three key areas: Professional Required Courses, Professional Elective Courses, and Indigenous Culture and Language Fields, outlined as follows:

(a) Professional Required Courses: Geriatric Health Promotion Module, Care Service Module, Management Module, and other related courses.

(b) Professional Elective Courses: Business Management Module, End-of-Life Care Module, Health Promotion Module, Home Care Supervision Module.

(c) Indigenous Culture and Language Module.

Related Link: Indigenous Special Program for Elderly Health Promotion and Care Management: <https://coe.ncue.edu.tw/p/412-1033-1648.php?Lang=zh-tw>

3. USR Social Responsibility Practice Program: By signing the Resilient Changbin Strategic Alliance Cooperation MOU, we have a new chapter of bilateral cooperation and exchange. The program focuses on community sports guidance, health screening, nutrition education and fish consumption education. By linking local resources, we can precisely intervene in community residents' health risks. The program combined health screening with sports guidance programs to enhance the well-being of rural residents, and its diverse learning and talent cultivation also help the university to practice social responsibility to create a healthy future. (Figures 1-6)



Figure 1. Signing the Resilient Changbin Strategic Alliance Cooperation MOU



Figure 2. Health Examination in Sanhe Community, Fangyuan

	
Figure 3. Health Examination in Xingren Community, Fangyuan	Figure 4. Sports Guidance in Sanhe Community, Fangyuan
	
Figure 5. Sports Guidance in Xingren Community, Fangyuan	Figure 6. Sports Guidance in Xingren Community, Fangyuan

Related Link: Resilient Changbin: Sustainable Environmental and Industrial Development in Changhua Coastal Areas under Climate Change - Sports Guidance and Community Health Examination: <https://www.facebook.com/NCUEUSR>

4. Integrating Career Guidance Concepts and Different Counseling Approaches to Promote Counseling Service Strategies for People with Disabilities, Enhancing Physical and Mental Health and Quality of Life Across Age Groups.

- (1) NCUE's Behavioral Therapy Consultation Research Center applies behavioral analysis principles to provide behavioral counseling for individuals with disabilities who have special needs. Individual counseling is provided for 6-10 people and group counseling sessions are held for two groups of people with disabilities. Through one-on-one positive behavioral intervention, teaching, and behavioral guidance, the center promotes physical and mental health and quality of life across age groups.
- (2) The service targets are residents of the Changhua area who hold disability certificates or disability identification, and who have been assessed as having long-term behavioral problems

such as self-injury, harming others, property destruction, socially unacceptable behaviors, or excessive withdrawal. These are individuals with intellectual disabilities and autism whose behavioral issues seriously affect life adaptation and require behavioral therapy.

- (3) The center uses behavioral analysis theory and developmental theory as its theoretical framework, emphasizing a student-centered service model and promoting evidence-based therapeutic service strategies to advance diverse service programs for people with disabilities.

Related Link: MCUE's Behavioral Therapy Consultation Research Center:
<https://girc.ncue.edu.tw/btcrc/>

5. Student Service Clubs Enter Rural Areas to Conduct Health Education Advocacy in Elementary and Junior High Schools, Providing Rural Elementary and Junior High School Students with Health Promotion Knowledge

- (1) NCUE's Rural Service Club organizes "Sexual Health Outreach to Elementary Schools" program during summer vacation, using theatrical performances to advocate sex education including AIDS prevention. The elementary school students are absorbed in the context. During winter vacation, the Mountain Service Team organizes "AIDS Matters" program which themes were "Love Flavor (O) AIDS (X)" and "Doctor AIDS". They used Q&A sessions to help children better understand AIDS transmission, prevention, and protection. NCUE student clubs' outreach programs effectively promote the health and well-being of rural students. (Figures 7-8)



Figure 7. NCUE's student clubs organized AIDS prevention advocacy at elementary school through sexual health outreach



Figure 8. NCUE's student clubs organized sex education advocacy at elementary and junior high schools - AIDS Matters

(2) NCUE actively participates in anti-drug advocacy activities in elementary and junior high schools with short dramas to promote anti-drug messages. In addition to fulfilling university social responsibility, we also encourage students to step out of campus for service learning and civic responsibility contribution. The "Student Association of Department of Guidance & Counseling," "Student Association of Department of English," "Student Association of Department of Chinese," "Baisha Sign Language Club," "Baisha Calla Lily Ambassador Group," "Extension Education Service Club," "Baisha Scout Club," "Indigenous Power Club," "Mountain Service Club," "Fishing Village Service Club," "Rural Service Club," and other clubs have enthusiastically assisted in promoting anti-drug education in elementary and junior high school campuses in recent years. Their footprint has covered elementary schools in northern Changhua and extended across counties to some elementary schools in Taichung and Nantou counties, completing 94 sessions with 20,632 elementary and junior high school students participating. (Figures 9-10)



Figure 9. Indigenous Power Club held an anti-drug advocacy activity at Tong'an Elementary School in Fenyuan Township



Figure10.Ambassador Group held an anti-drug advocacy activity at Lixing Elementary School in Taichung City

Related Link: NCUE's student clubs actively participate in anti-drug advocacy activities in elementary and junior high schools, using theatrical methods to promote anti-drug messages and fulfill university social responsibility:

<https://stuaffweb.ncue.edu.tw/var/file/39/1039/img/584/163597348.pdf>

SDG 3.3.3 Shared sports facilities

NCUE has provided local community residents with shared sports facilities to promote healthy recreational sports culture for years and also improve the quality of sports education and management. By integrating community resources to expand national sports programs, we broaden students' knowledge and foster well-rounded personal development. NCUE provides the following sports facilities:

1. The construction of the all-weather sports field at the Baoshan campus marks the school's leadership in a new trend in sports. To improve the sports environment and expand the sports functions of the second campus, the school built a new covered all-weather sports field. The project has completed its second inspection and is expected to be fully completed in September. (Figure 1)



Figure 1. All-Weather Sports Court at Baoshan Campus

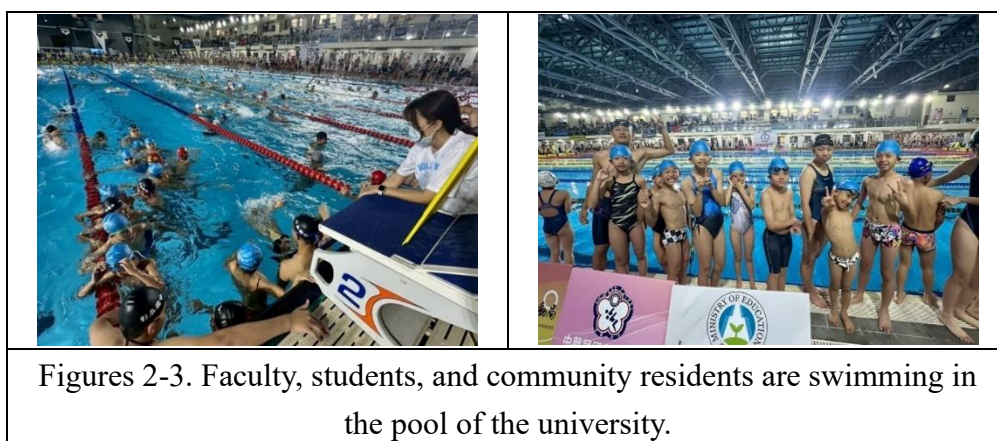
Related Link: Groundbreaking Ceremony for NCUE Baoshan Campus All-Weather Sports Court - Aspiring to Lead a New Sports Trend:

<https://www.ncue.edu.tw/p/406-1000-23661,r93.php?Lang=zh-tw>

2. NCUE's indoor and outdoor sports facilities, such as the track and field, are provided **free** of charge to faculty, staff, students, and community residents. Every morning and evening, numerous local residents enter the track for fitness and exercise. In the evenings, dance groups of mothers practice dance routines to upbeat music in a corner of the track. Additionally, the rooftop of the tennis court features 3 outdoor basketball courts and 2 volleyball courts, attracting many sports enthusiasts during nights and holidays. The parallel bars and horizontal bars under nearby trees are also popular spots for elderly residents to stretch and warm up. Indoor facilities such as badminton courts and multi-purpose courts are available for **free** application by faculty and students, while external community residents pay for usage. These facilities can be used by community or external groups for sports competitions on holidays.
3. The first floor of our Wang Jin-pyng Activity Center is an open space called Lakeside Plaza due to its proximity to the campus landmark Baisha Lake. With shade and ample space, students and community residents frequently use this area for **free** exercise, such as gymnastics, dancing, and rope jumping. Additionally, NCUE established the U-First Professional Sports Guidance Service Team, which has been involved in the University Social Responsibility Practice Hub (USR Hub) - "Northern Changhua Active Heart Power - Chimo Zi · Happy Sports Program" since 2020.

Combined with the Ministry of Education Sports Administration's "**Free** Technology-Based Physical Fitness Testing," the testing targets include faculty, staff, students, and neighboring community residents. The purpose is to help understand individual physiological and physical conditions, choose suitable exercises based on personal abilities to achieve fitness goals, and promote community elderly residents' participation in sports. Starting with simple, easy-to-learn warm-up exercises, we guide community elders to experience the joy of exercise and encourage them to maintain good exercise habits.

4. Swimming Pool Our swimming pool is a fee-based facility leased by Xinxiang Enterprise Co., Ltd., providing paid services to faculty, staff, students, and community residents. (Figures 2-3)



Related Link: University Swimming Pool Facebook Page - Xinxiang Swimming Academy: <https://www.facebook.com/profile.php?id=100092546235878&mibextid=LQQJ4d>

5. There are several outdoor sports facilities at Baoshan Campus, which include volleyball courts, basketball courts, tennis courts, and a football field. Indoor facilities include a table tennis classroom and a weight training room. Outdoor facilities, except for tennis courts, are provided **free** of charge to faculty, students, and community residents. For example, the football field becomes a popular gathering place for nearby softball enthusiasts to practice batting on weekends and holidays. Basketball and volleyball courts also attract many young residents. Many residents enjoy walking together in groups on the undulating campus trails, enjoying aerobic exercise similar to light mountain climbing while absorbing phytoncides. Tennis courts and indoor facilities are available for **free** application by university faculty and students only. (Figure 4)



Figure 4. All-Weather Sports Court at Baoshan Campus

6. **Free** Outdoor Sports Facility Usage (Figures 5-9)

	
Figure 5. Track and Field	Figure 6. Sky Court
	
Figure 7. Volleyball Court at Baoshan Campus	Figure 8. Basketball Court at Baoshan Campus
	
Figure 9. Football Field at Baoshan Campus	

7. Indoor Fee-Based Sports Facilities (Figures 10-15)

	
Figure 10. Wang Jin-pyng Swimming Pool	Figure 11. Wang Jin-pyng Activity Center
	

Figure 12. Badminton Court	Figure 13. Tennis Court
	
Figure 14. Table Tennis Classroom	Figure 15. Multi-Purpose Court

8. Sports Facilities Exclusively for Faculty and Students (**Free** for Internal Use, Not Open to External Users) (Figures 16-23)

	
Figure 16. Weight Training Room	Figure 17. Martial Arts Room
	
Figure 18. Rhythmic Gymnastics Classroom	Figure 19. Multi-Function Training Room
	
Figure 20. Gymnastics Classroom	Figure 21. Indoor Artificial Track



Figure 22. Tennis Court at
Baoshan Campus



Figure 23. Table Tennis
Classroom at Baoshan
Campus

Related Link:

- (1) National Changhua University of Education Department of Physical Education - Facility Introduction Webpage: <https://opeweb.ncue.edu.tw/p/412-1015-764.php?Lang=zh-tw>
- (2) National Changhua University of Education Sports Facility Management Regulations and Facility Fee Standards: <https://opeweb.ncue.edu.tw/var/file/15/1015/img/90/709053296.pdf>

SDG 3.3.4 Sexual and reproductive health care services for students

NCUE is committed to providing sexual and reproductive health services for students. Each academic year, we plan a series of gender equality education activities with themes including emotional education, sexual harassment prevention, sex education, and understanding diverse genders. These activities are conducted through lectures, workshops, and film appreciation sessions. Through these activities, we guide students to explore the depth and breadth of related issues, encouraging them to reflect on their thoughts about interpersonal interactions, breaking down gender stereotypes, and establishing a friendly campus environment. To effectively integrate domestic sex education and AIDS prevention education resources, prevent students from HIV infection, and enhance faculty and students' understanding of campus sex education and AIDS prevention, NCUE actively promotes safe sexual practices and sex education advocacy health services.

1. NCUE Was Commissioned by the Ministry of Education to Establish the Central Region College and University Gender Equality Education Promotion Center, with Outstanding Achievements in Gender Equality Education

(1) NCUE was commissioned by the Ministry of Education as one of the four regional college and university gender equality education promotion centers in the central region. Due to our excellent achievements in promoting gender equality education, the Ministry hopes to leverage our experience and resources to assist colleges and universities in the central region in promoting gender equality education work. Through substantively effective regional organizations, we aim to improve the operation of gender equality education committees in central region colleges and universities, enhance gender equality awareness among relevant personnel, and strengthen horizontal resource connections between regions, providing schools with more support and assistance in promoting gender equality education. (Figures 1-4)

	
Figure 1. Ministry of Education officials and university faculty group photo at the unveiling ceremony	Figure 2. NCUE was commissioned by the Ministry of Education to establish the Central Region College and University Gender Equality Education Promotion Center, located on the second floor west side of Baisha Building, Secretary's Office



Figure 3. Central Region College and University Gender Equality Education Committee Executive Secretary Forum



Figure 4. Executive secretaries from 37 colleges and universities in the central region attended the meeting

Related Link:

NCUE Was Commissioned by the Ministry of Education to Establish the Central Region College and University Gender Equality Education Promotion Center: <https://www.ncue.edu.tw/p/406-1000-26470,r93.php?Lang=zh-tw>

- (2) On July 9, 2024, we organized the "Comprehensive Sex Education Symposium (Central Region)" in accordance with the Ministry of Education's K-12 Education Administration's "Campus Sex Education (including AIDS Prevention) Program." The symposium aimed to facilitate dialogue and exchange among current teachers, graduate students, and teacher trainees to collaboratively develop comprehensive sex education curricula and teaching programs, implementing comprehensive sex education. A total of 67 people participated with a satisfaction rate of 95.8%. (Figure 5)



Figure 5. Group photo of participants at NCUE's Central Region Comprehensive Sex Education Symposium

- (3) On November 6, 2023, we organized "Understanding the Sexual Multiverse of Diverse Genders," and invited Dr. Xu Zhiyun, who is a sympathetic nervous system doctor, to share the sexual and physical-mental health needs of diverse genders based on his psychiatric consultation experience. Through topics including AIDS prevention (PrEP, PEP, U=U), medication safety,

menstrual education, safe sex and body boundaries, and bodily autonomy, the session expanded participants' understanding of diverse genders and encouraged reflection on their attitudes and thoughts about sex and gender issues. A total of 45 participants attended with a satisfaction rate of 96.8%.

Related Link: Gender Equity Education Committee: <https://genderweb.ncue.edu.tw/files/11-1016-3504.php?Lang=zh-tw>

2. NCUE Actively Promotes Health Promotion School Programs, with AIDS and Sexually Transmitted Disease Prevention as One of the Main Promotional Themes. The school has established a Health Center under the Office of Student Affairs, with professional specialized units responsible for providing faculty and students with **free** safe sexual practices and sexual health-related health education. Specific services include the following:

(1) Safe Sex Advocacy:

- (a) On May 17, 2024, we collaborated with the Health Bureau to organize the "Screen for Love ~ Love Yourself, Love Screening" activity. To maintain faculty and student health, understand sexually transmitted disease prevention and self-protection, and achieve early detection and treatment to interrupt virus transmission, screening items included: liver function, kidney function, uric acid, total cholesterol, Hepatitis C virus, HIV, and syphilis - 7 items in total. The goal is to establish regular screening habits to achieve infectious disease prevention purposes, with 100% faculty and student satisfaction and hopes for continued implementation. A total of 85 people participated. (Activity photo is shown in Figure 6)



Figure 6. NCUE collaborated with Health Bureau to organize "Screen for Love ~ Love Yourself, Love Screening" activity with enthusiastic participation

- (b) On May 17, 2024, we organized the "Speaking Love Candidly" special lecture with 85 participants. Through the instructor's lively and engaging presentation style, students' knowledge of AIDS improved from an average pre-test score of 85 points to an average post-test score of 92 points. All participants expressed that they had a better understanding of AIDS prevention. (Activity shown in Figure 7)



Figure 7. Organized "Speaking Love Candidly" special lecture

- (2) Correct Condom Use Advocacy: During the school anniversary on October 28, 2023, we co-organized "Love's Great Challenge - AIDS Big Questions?" using a checkpoint format to answer questions and provide one-on-one explanations to deepen learning. Faculty, students, and community residents participated enthusiastically, with 250 participants and 100% activity satisfaction. (Activity photo is shown in Figure 8)



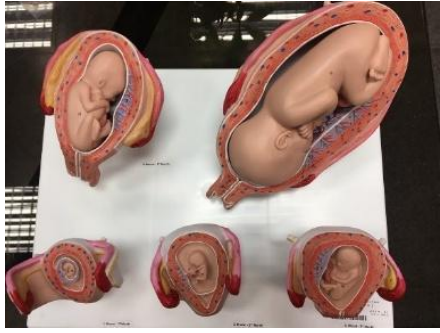
Figure 8. Organized "Love's Great Challenge - AIDS Big Questions?" activity

- (3) Installation of Condom Vending Machines and Health Education Areas: NCUE has installed "condom vending machines" in student dormitories and "self-testing kit service machines" in the Student Activity Center, providing health education materials about condom use to remind young people to take action to prevent sexually transmitted diseases and enable safe HIV self-testing at the facility. (See Figure 9)



Figure 9. NCUE installed "self-testing kit service machines" in the Student Activity Center

- (4) Establishment of Sexual Health and Reproductive Health Hotline: Providing students with sexual health and reproductive health consultation services.
- (5) Provision of Lactation Rooms for Breastfeeding Women and Health Education: We cultivate students to establish healthy and safe sexual attitudes and behaviors, and teach them knowledge to avoid unplanned pregnancy. The university also teach campus faculty, students, and parents to adopt accepting and caring attitudes toward pregnant students and students with children, actively protecting the educational rights of pregnant students and students with children. (Figures 10-13)

	
Figure 10. Lactation room at Jinde Campus	Figure 11. Lactation room at Baoshan Campus
	
Figure 12. Contraceptive health education teaching aids Figure	13. Pregnancy process teaching aids

- (6) Implementation of Maternity Protection Program and Health Consultation Services: NCUE actively cares for pregnant women's health, implementing hazard assessment, control, and tiered management measures for female workers who are pregnant or within one year postpartum. We arrange on-site health service occupational medicine physicians for personal interviews and hazard prevention measure recommendations. Pregnant female colleagues or those within one year postpartum fill out the "Maternity Health Protection Workplace Environment and Occupational Hazard Assessment Form" for evaluation.

Related Links:

- (a) National Changhua University of Education Maternity Health Protection Program:
<https://healthweb.ncue.edu.tw/app/index.php?Action=downloadfile&file=WVhSMF1XTm9MemsxTDNCMFIWOHhOek14TUY4NE9USXhOVGswWHpZMk5UazRMbkJrWmc9PQ==&fname=LOGGROOKWWCGA1YXEDLKSW241430WTRLQO34SSMKTXGDXW40A0YW45SWLOLKB0OKWWTSEH05VS0435WWRKHCTSA134B0WSGCNPYTXW A034MKB001USSXSFC2WCCMPYXDGA050TXZSNKHCICWSB0OKMKZTGDQP ROSW30XWKL14LKGHUSTWQOGDXX4410VWYWXSOKOOLKWSROFHRLQPU X04A0YSB4WXDGFCDGCDGWXWWQOPP1000ZSIGMOIGDGDJLO>
- (b) National Changhua University of Education Self-Assessment Form for Health Status of Pregnant Female Faculty and Staff and Those Within One Year Postpartum:
<https://healthweb.ncue.edu.tw/app/index.php?Action=downloadfile&file=WVhSMF1XTm9MemsxTDNCMFIWOHhOek14TVY4NU9UUTBORGcwWHpZMk5UazRMbkJrWmc9PQ==&fname=DGGGROTSYWQO41XX50POJGXWIGMOWTWWKLB0XSXS VXZTS W40ZWUSFDB4LO10A0OKWW5400HHVS04GDWWFC30TSIG34B0NOWSMLMPX WA0RO3045SWFHDCWXFCSSXWSS25DGA0TS14QOKO40ICDGB004NKKJGDGQP4 4WS30IGB4GGOK45USRK441505DGVWNPBGDTW14MONP20ROSWXSQP250450R OB430LL50SS01SSUSLKFD10EDHGTSMOQOTWTSXWWSJCTSNK0005POB5FCB4 YSPOFHSSFCDDMKPOTTIH50HGNKWWYWSWOO35OPRKGGGCA1YTDDCCWS B045POSSPOYWRKDGPOA1JHHCNO54MKOOHCWTA1RKICSWIC0035IGB5YSDC 30DGOOSSA4FCRKPOGDJHNOLKA0TXOO30A0YS34EGCGKKZTA1PKB0NK20O KDGSS54WXOKWW4011JHLOEGWW34KKTW50MKYSUW40HCNP25XWA5KPNK LLFGPKOK45FCNOWWWWHH20XSLO14FCB4GCMKPKROGGWSNPYTLODCNK TS34TWFHDCTTXXPOCCJGYT>
- (c) National Changhua University of Education Workplace Hazard Assessment and Maternity Health Protection Measures Form:
<https://healthweb.ncue.edu.tw/app/index.php?Action=downloadfile&file=WVhSMF1XTm9MemsxTDNCMFIWOHhOek14TWw4eU5EUXhNRGd3WHpZMk5UazRMbkJrWmc9PQ==&fname=DGGGROTSYWQO41XX50POJGXWIGMOWTWWKLB0DCNKVXVXS W40ZWUSFDB4LO10A0OKWW5400HHVS04GDWWFC30TSIG34B0NOWSMLMPX WA0RO3045SWFHDCWXFCSSXWSS25DGA0TS14QOKO40ICDGB004NKKJGDGQP4 4WS30IGB4GGOKGHUSTWQOB5JHDGVWDGGDIG30SWXS20RO04WS44VX04FC SSB4NKPO20SS01QKIC00LLMP24JCTSMOVW30NPXWDGJCMP20UT25GGSSZWB 42401OOKKFCDGLOPOGG00TSA0A4WW14NK40ICWSMOWTGC01JD31MLWSB0 CDTWCCPOYW50GCPWW15IGA054MKPKOK25HGUSFGSWICVXQLIGRKYS DCHCPKDGOKA4FCIC00HD25WW04A0YSYW14MKLKKL24MKKKNPZTXSB0YSB 4MKA4PKSS50TWSSWWYXXXLOEGNK24XSPKJD24OPFGRLQLXXB5NLNL>
- (7) Collaboration with Health Units for Health Examinations and Vaccination:

- (a) In 2023, we organized 2 sessions of publicly funded monkeypox vaccines, 2 sessions of self-funded cervical cancer vaccines, and 1 session of self-funded shingles and pneumococcal vaccines. Through vaccination, protection is obtained to prevent infection from related diseases, with a total of 306 vaccine administrations.
- (b) We organized campus [**FREE**] dual-function mobile health vehicle services for breast cancer and cervical cancer screening and self-funded cervical cancer vaccination to enhance health protection for faculty, staff, and students. (Figures 14-15)



Figure 14. HPV vaccination administration



Figure 15. Mpox vaccination administration

- (8) In coordination with Worlds AIDS Day, we provide diversified HIV screening services and channels and organize health lectures to achieve the goal of prevention being better than treatment. On December 1, 2023, World AIDS Day, we organized sex education and AIDS advocacy activities, setting up educational booths in the Student Activity Center to help faculty and students strengthen correct sexual education concepts.

Related Link: NCUE's Office of Student Affairs Health Center AIDS Prevention Advocacy
Webpage: <https://healthweb.ncue.edu.tw/p/412-1041-3346.php>

3. NCUE plans gender equality education activities each academic year, and the themes include emotional education, sexual harassment prevention, sex education, and understanding diverse

genders. We conducted these activities with the forms of lectures, workshops, and film appreciation activities. Through these activities, we guide students to explore the depth and breadth of related issues, encouraging them to reflect on their thoughts about interpersonal interactions, breaking down gender stereotypes, and establishing a friendly campus environment.

(1) Gender equality education promotion activities were organized in the second semester of the 2023 academic year, and they focused on gender and workplace themes. By inviting lecturers with gender awareness and sensitivity to share gender issues observed in different workplace environments, we provided students to have opportunities to deeply consider the impact of gender and culture in daily life, self-awareness and gender consciousness. The Jinde campus lecture was "From Clinic to Life: Gentle yet Firm Gender Movement," and the Baoshan campus lecture was "Micro-Rebellious Military Women's Career: Military Culture and Gender Issues," totaling 2 sessions. (Activities shown in Figures 16-17)

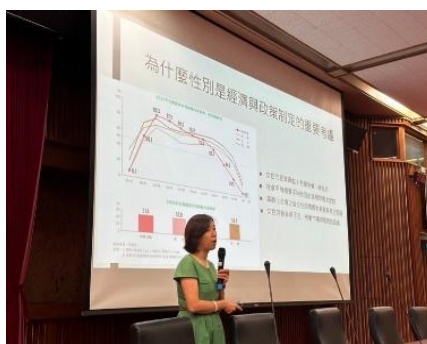


Figure 16. From Clinic to Life (Jinde Campus)



Figure 17. A Slight-Rebellious Military Women's Career (Baoshan Campus)

(2) Gender equality education promotion activities were organized in the first semester of the 2024 academic year, and the themes focused on exploring interpersonal interactions in relationships and gender equality issues through psychological knowledge, helping students enhance mutual understanding and respect and tolerate each other's differences through activities and discussions. The Jinde campus lecture was "Using Psychology to Dating Someone - The Five Love Languages," while the Baoshan campus used film appreciation format with "Tokyo Tarareba Girls: Pursuing Happiness? Or the Label of Happiness?", totaling 2 sessions. (Activities

shown in Figures 18-19)



Figure 18. Using Psychology to Dating Someone (Jinde Campus)



Figure 19. Tokyo Tarareba Girls (Baoshan Campus)

4. We provide family-friendly policies and childcare support to address the declining birth rate and encourage fertility policies. If employees has at least six months of service, they can apply for parental leave until their child turns 3 years old, with a maximum of 2 years, ensuring newborns and infants receive good care. In 2024, 8 people applied for parental leave. Additionally, NCUE's employee-student consumer cooperative operates the "Changhua County Private NCUE Kindergarten," providing childcare services for children aged 2 and above before school age, effectively reducing employees' childcare burden, enhancing willingness to have children, and creating a family-friendly work environment.
- (1) Statistics on faculty and staff parental leave applications in the past two years are shown in Table1:

Table 1: Statistics on Faculty and Staff Parental Leave Applications in Recent Two Years

Year	Number of People
2023	9
2024	8

- (2) Student enrollment statistics for the employee-student cooperative kindergarten are shown in Table 2:

Table 2: Student Enrollment Statistics for Employee-Student Cooperative Kindergarten in Recent Two Years

Year	Number of People
2024	112
2025	113

(3) Happy learning photos from the employee-student cooperative kindergarten (Figures 20-25).

	
Figures 20-21: Kindergarten graduation ceremony	
	
Figure 22: Kindergarten fire drill	Figure 23: Visit to Xihu Sugar Factory
	
Figure 24: Visit to Zhongshan Elementary School	Figure 25: Physical fitness sports day

SDG 3.3.5 Mental health support for students

For students with psychological counseling needs, NCUE provides individualized counseling and consultation services, group counseling services, diverse mental health promotion activities (including lectures and workshops), and establishes case management tracking for students requiring guidance, providing comprehensive psychological support and assistance to students, deepening "precision counseling" to build student resilience.

1. To actively promote campus mental health, NCUE integrates correct physical and mental health values into faculty and student curricula and daily life through three major approaches: "offering general education courses," "organizing related topic activities," and "training relevant personnel to enhance professional competence," jointly creating a warm, caring, and healthy campus atmosphere as shown in Table 1:

Table 1. Three Major Approaches, Implementation Strategies, and Outcomes of NCUE Mental Health Program

NCUE Mental Health Program Three Major Approaches		
NCUE Mental Health Program Three Major Approaches	Implementation Strategies	Outcome
Offering General Education Courses	Counseling psychologists provide in-class guidance twice	(1) 15 classes in the 2nd semester of Academic Year 2023. (2) 14 classes in the 1st semester of Academic Year 2024.
Organizing Mental Health-Related Activities	Career lectures, gender equality topic lectures, learning guidance, life education workshops, Zhixin Academy, emotion management and stress adaptation, suicide prevention gatekeeper training, special case treatment groups, etc.	A total of 28 sessions in Academic Year 2024 (3 career lectures, 4 gender equality topic lectures, 2 learning guidance sessions, 2 life education workshops, 2 Zhixin Academy sessions, 2 emotion management and stress adaptation sessions, 3 suicide prevention gatekeeper training sessions, 7 special case treatment group sessions, 3 group supervision sessions)
Training Relevant Personnel to Enhance Professional Competence	Individual supervision based on personal learning needs	(1) Center counseling satisfaction reached 4.63 points (out of 5) in the 2nd semester of Academic Year 2023. (2) Satisfaction reached 4.59 points (out of 5) in the 1st semester of Academic Year 2024.

	Enhancing professional competence of NCUE specialized counseling staff through group supervision	A total of 3 activities in Academic Year 2024.
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Detailed explanations are as follows:

- (1) Offering General Education Courses: Primarily targeting first-year students, with life education seed teachers from various departments providing instruction and department chairs teaching career-related courses. Counseling psychologists conduct two in-class sessions on life education topics and student mental health counseling to effectively assist students in self-exploration, facing difficulties, and seeking help. 15 classes were offered in the 2nd semester of Academic Year 2023, and 14 classes were offered in the 1st semester of Academic Year 2024, as shown in Figure 1.



Figure 1. Learning guidance lecture

- (2) Organizing Related Topic Activities: To promote faculty and student mental health, various activities were arranged including stress and emotion adaptation, learning guidance, career lectures, relationship topic lectures, life education, departmental guidance theme salons, Zhixin Academy, suicide prevention gatekeeper training, special case treatment, etc., totaling 24 sessions to enhance student psychological resilience. Additionally, physician consultation services were planned to strengthen comprehensive crisis prevention, construct a protective safety net, and actively provide professional, reassuring, and safe campus environment for faculty and students, as shown in Figure 2.



Figure 2. Stress and emotion adaptation workshop

(3) Training Relevant Personnel to Enhance Professional Competence:

- (a) Group supervision targets NCUE specialized counseling staff to help them understand relevant professional competence. In Academic Year 2024, a total of 2 group supervision sessions were conducted with 24 participants, achieving an average satisfaction of 4.8 points (Session 1: 4.67 points, Session 2: 4.93 points).
- (b) Individual supervision is based on personal learning needs, with each staff member hiring senior counseling psychologists who match their professional counseling orientation for case discussions, continuously enriching knowledge of various case types while promptly correcting blind spots in professional work to ensure professional service effectiveness. Center counseling satisfaction reached 4.63 points (out of 5) in the 2nd semester of Academic Year 2023, and 4.59 points (out of 5) in the 1st semester of Academic Year 2024, indicating that students seeking counseling have considerable satisfaction with the center's individual counseling services. (Activities shown in Figures 1-2)

2. NCUE has long been committed to improving and implementing **free** mental health support for students. In addition to establishing the Student Psychological Counseling and Guidance Center as a first-level unit, NCUE pioneered the establishment of the Community Psychological Counseling and Potential Development Center in Taiwan, serving community residents. This center integrates professional resources from NCUE's Department of Guidance and Counseling, establishes referral and cooperative relationships with community organizations (including hospitals, courts, social administration units, etc.), and provides psychological counseling services for students, faculty, staff, and community residents, as well as practical training and supervision for professional psychological counseling personnel.

(1) Student Psychological Counseling:

NCUE implements developmental, interventional, and treatment-oriented prevention and guidance measures, supplemented by college-departmental counseling models and systematic cooperation, effectively implementing three-tier prevention and guidance work on campus. The prevention and guidance work at each level is as follows:

- (a) Developmental Guidance Work: Orientation guidance, life education guidance, gender equality education guidance, career guidance, learning guidance, international student guidance, stress adaptation, class guidance, college-departmental counseling, peer guidance, suicide prevention, homeroom teacher mental health advocacy, etc.
 - i. Freshman Class Guidance: In the first semester of Academic Year 2024, in coordination with NCUE's "Precision Counseling" research, collaboration with the Student Affairs Office and various departments was arranged before the semester began to conduct group testing and interpretation for all freshman classes, combined with class guidance. Through engaging activity designs, freshmen were assisted in self-exploration to enhance self-understanding. Each session lasted two hours and continued for two weeks. A total of 26 classes with 1,195 participants completed freshman class guidance across the entire

university.

- ii. International Student System Cooperation: Cross-unit mental health consultation for international students, overseas Chinese students, and mainland Chinese students in the 2nd semester of Academic Year 2023 and 1st semester of Academic Year 2024, totaling 56 consultation sessions, as shown in Table 2 and Figures 3-6.

Table 2. International Student System Cooperation Activity Overview

Activity Name	Instructor	Activity Time	Format	Participants	Satisfaction (points)/Out of 5
Guardian - After Growing Up: Seeing Family through Satir's Influence Wheel	Wang Yi-chao, Counseling Psychologist	2024/3/22 (Fri) 13:00-16:00	Workshop	13 people	4.73
Guardian - Trauma-Informed Care: Trauma and Healing	Xie Xiao-rou, Counseling Psychologist	2024/5/13 (Mon) 15:00-17:00	Lecture	56 people	4.36
Flying Young High to Taiwan	Qiu Yi-lan, Counseling Psychologist & Intern Counseling Psychologists	2024/9/6 (Fri) 13:00-16:00	Group Workshop	43 people	4.33
Guardian - Emotional Awareness and Healing: "Empathy" Board Game Experience	Yang Yao-xiang, Counseling Psychologist	2024/10/18 (Fri) 13:00-15:00	Workshop	10 people	4.33



Figure 3. Group photo of Satir's Influence Wheel - Seeing Family



Figure 4. Guardian - Trauma-Informed Care: Trauma and Healing



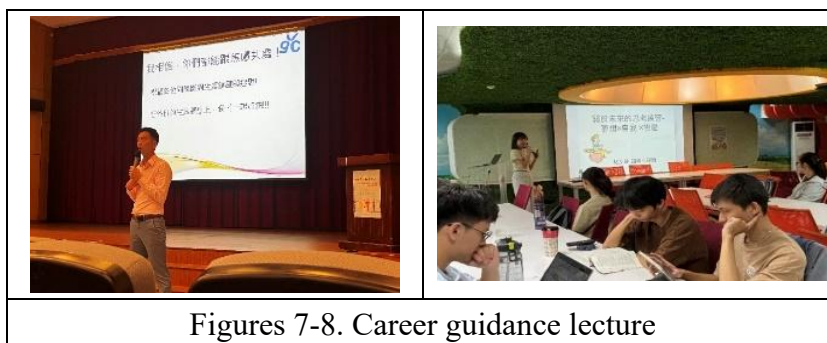
iii. Group Counseling Activities: A total of 7 group sessions were organized. Total participants: 45 people, total participation instances: 285, overall satisfaction: 4.68 points (out of 5), as shown in Table 3.

Table 3. Group Counseling Activity Overview

Group Name	Group Leader	Time	Participants	Participation Instances	Group Sessions	Satisfaction (points)/Out of 5
Life Maze Advancement Plan - Career Exploration Group	Mao Si-xuan, Intern Psychologist Chen Yan-lin, Intern Psychologist	2024/3/27-5/15 Every Wednesday 17:00-19:00	3	18	6	4.75
Cherishing Suffering Souls: Jungian Creative Dream Interpretation Group	You Dong-lin, Mao Si-xuan Intern Psychologists	2024/3/21-5/23 Every Thursday 17:00-19:30	6	48	8	4.75
Seeing Trees and Forest - Interpersonal Relationship Growth Group	Cai Xin-xuan, Jiang Xin-yu Intern Counseling Psychologists	2024/3/19-4/30 Every Tuesday 16:30-18:30	6	35	6	4.78
Navigation Compass -	Xie Min-yan Intern	2024/3/6-5/1 Every	8	63	8	4.45

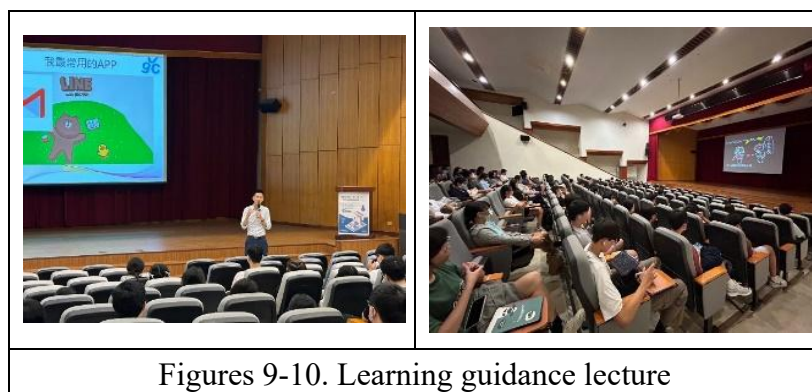
Group Name	Group Leader	Time	Participants	Participation Instances	Group Sessions	Satisfaction (points)/Out of 5
Career Self-Exploration Group	Psychologist	Wednesday 17:00-19:00				
Emotional Theater: Exploring Inner Landscape through Action Drama - Emotion Exploration Group	Wu Yi-zhen, Zhong Jian-fang Intern Psychologists	2024/10/15-11/19 Every Tuesday 17:00-19:00	8	48	6	4.28
Fighting for Yourself - Discovering New World through Movement Awareness - Self-Exploration	Zhong Jian-fang, Wu Yi-zhen Intern Psychologists	2024/10/17-12/05 Every Thursday 17:00-19:30	6	28	6	5.00
My Secret Garden - Intimate Relationship Self-Exploration Growth Group	Li Wei-xin, Liang Wan-xuan Intern Counseling Psychologists	2024/10/16-11/27 Every Wednesday 16:30-18:30	8	45	6	4.78
Total			45	285	46	4.68

- iv. Career Guidance Series Activities: In 2023, 2 career lectures were organized with 89 and 24 participants respectively. In March and October, we invited counseling psychologists Huang Rui-zhen and Qiu Qun-lun to give lectures titled "I'm NCUE, I'm Proud?! Discussing How to Break **Free** from Chains and Myths in Career and Learning Paths~" and "Career Lecture ~ Thinking Exercises about the Future - Dreams × Self × Love," with satisfaction ratings of 4.43 and 4.63 points respectively (out of 5), as shown in Figures 7-8.



Figures 7-8. Career guidance lecture

v. Learning Guidance Series Activities: In the second semester of Academic Year 2023, 1 learning guidance lecture was organized. The first session we invited counseling psychologist Wang Zhi-yi to speak on "The 'Fragility' and 'Deficiency' of the Online World ~ How to Cultivate Internet Literacy and Self-Regulated Learning~," with 47 participants and a satisfaction rating of 4.58 points (out of 5). In the first semester of Academic Year 2024, 1 session was organized, and we invited counseling psychologist Cai Jia-xian to speak on "When Love Meets Learning - How Love Can Stop Being a Stumbling Block to Studies and Become a Stepping Stone to Enhanced Learning," with 90 participants and a satisfaction rating of 4.43 points (out of 5), as shown in Figures 9-10.



Figures 9-10. Learning guidance lecture

- vi. International Student Guidance Series Activities: International student guidance series activities were organized through lectures and workshops.
- (b) Interventional Guidance Work: Individual counseling, psychological testing and interpretation, individual stress assessment, high-concern student tracking and case management, consultation and follow-up care for academically at-risk students, mental health consultation, referral and guidance mechanisms for disadvantaged students, etc.
- i. Individual Counseling Sessions (including individual counseling, individual psychological testing and interpretation): From August 1, 2024, to January 31, 2025, the center received applications for counseling from 391 individuals, with a total of 2,184 counseling sessions. The following shows the application statistics for individual counseling at the center over the past 3 academic years: (Unit: people/sessions) as shown in Table 4.

Table 4. Individual Counseling Session Statistics

Semester/Academic Year	First Semester		Second Semester	
	Applicants	Sessions	Applicants	Sessions
2022/8/1–2023/7/31	364	2,333	380	2,534
2023/8/1–2024/7/31	424	2,456	407	2,545
2024/8/1–2025/7/31	391	2184	361	2,380

Overall satisfaction for individual counseling service feedback in the second semester of Academic Year 2023 was 4.63 points; overall satisfaction for individual counseling service feedback in the first semester of Academic Year 2024 was 4.59 points (out of 5) (this feedback questionnaire uses a 5-point scale).

- ii. Special Case Management: This semester continues to implement the "Case Management System." The spirit of the case management system is to comprehensively assist students in special situations reported by homeroom teachers, military instructors, or classmates, helping students handle urgent situations or adaptation difficulties they encounter. Through resource integration and arrangement of counseling and medical services, students can quickly return to normal life trajectories. Statistics for new referrals and continuing case management students show special case service volume over the past 3 years as shown in Table 5.

Table 5. Special Case Service Volume Over Past 3 Years

Academic Year	New Cases	Tracking Cases (A)	Closed Cases (B)	Total Cases (A+B)
2021/8/1–2022/7/31	79	231	54	285
2022/8/1–2023/7/31	66	244	58	302
2023/8/1–2024/7/31	72	270	59	329

- iii. In the first semester of Academic Year 2024, a total of 12 cases were received from the Ministry of Education's Student Transition Guidance and Service Notification System, with 1 case transferred out. These have been assigned to respective department psychologists for assistance, following NCUE's Student Transition Guidance and Service Regulations and related operational procedures.
- iv. Academic Warning Student Tracking and Guidance. In coordination with NCUE's academic warning system, proactive tracking and care for students is conducted at the beginning, middle, and end of each semester through phone calls, emails, and interviews to assess students' academic adaptation status and provide initial assistance in clarifying and consulting on problems. If students are assessed to have additional needs, they are invited to the Counseling Center for individual counseling, with timely introduction of resources such as homeroom teachers, college/departments psychologists, and International

Affairs Office staff for systematic cooperation to jointly assist students in returning to proper academic tracks as soon as possible. In the first semester of Academic Year 2024, 25 individuals were tracked, with a total of 78 service instances.

(c) Treatment-Oriented Guidance Work: Crisis intervention, psychiatric consultation, transition guidance, high-concern case tracking and guidance, notification case processing. In the first semester of 2024, the center provided psychiatric consultation for 16 instances, transition guidance with 12 incoming cases and 1 outgoing case, and high-concern case tracking and guidance for 175 instances.

(d) Professional Psychological Counseling Service Items include:

- i. Individual psychological counseling
- ii. Marriage and family counseling
- iii. Play therapy
- iv. Group psychological counseling
- v. Psychological assessment
- vi. Professional counselor supervision
- vii. Referral services
- viii. Parent counseling, internet addiction parent counseling

Related Links: Student Psychological Counseling and Guidance Center webpage:

<https://counselingweb.ncue.edu.tw/p/412-1014-15.php?Lang=zh-tw>

SDG 3.3.6 Smoke-free policy

To protect faculty and students from the harmful effects of smoking on campus and provide a fresh, smoke-free environment, NCUE has mobilized the anti-smoking awareness of school personnel, students, parents, and the community to jointly support comprehensive campus smoking prohibition through concrete actions. The university has established a smoke-free policy to keep us away from smoking, fulfill the mission of university social responsibility, and achieve the concept of shared health and well-being.

1. NCUE's Smoking Prevention Implementation:

- (1) On May 12, 2023, following approval by the School Health Committee, NCUE officially established the "Comprehensive Smoking Prohibition Working Group" and adopted an inter-departmental collaborative approach to jointly implement related operations.
- (2) The Comprehensive Smoking Prohibition Working Group's division of responsibilities encompasses seven major areas: health education and advocacy, environment creation, smoking cessation education and counseling, campus patrol, tobacco harm reporting window, violation penalty enforcement, and lecture instruction. Each operation is clearly assigned to responsible units and contact points, aiming to systematically promote campus tobacco harm prevention work and create a healthy, smoke-free campus environment.
- (3) Strengthening Community Relations: To effectively improve smoking issues in surrounding off-campus areas and actively promote smoke-free community initiatives, NCUE has implemented diverse strategies to connect on-campus and off-campus resources, practicing the concept of health promotion and community co-governance through the following specific measures:
 - (a) Establishing smoke-free walkways around the school - Installing clear and prominent no-smoking signs at campus entrances and nearby pedestrian routes, using visual cues to strengthen anti-smoking awareness and creating guiding and educational smoke-free friendly spaces. (Figure 1)



Figure 1. Installation of smoke-free campus maps at school gates to strengthen smoking prohibition policy advocacy, enhance off-campus personnel's identification of campus smoking prohibition areas. (Using maps to present campus territory scope, establishing smoke-free walkways)

- (b) Strengthening collaborative prevention mechanisms with the Health Bureau – NCUE collaborates with Changhua County Health Bureau to regularly patrol campus and

surrounding areas, intensifying inspection and guidance at community smoking hotspots.

- (c) Optimizing campus perimeter environment maintenance - Campus tobacco harm prevention volunteers and cleaning staff jointly participate in surrounding public space cleaning operations, not only maintaining environmental cleanliness but also demonstrating the school's responsibility and commitment to actively participating in community public affairs. (Figure 2)



Figure 2. Campus tobacco harm prevention volunteers and cleaning staff jointly participate in cleaning operations of public spaces around campus, not only effectively maintaining environmental cleanliness but also demonstrating the school's responsibility and commitment to actively participating in community public affairs.

- (d) Providing convenient reporting and notification channels - The Student Affairs Office reporting window is open for faculty, students, and community residents to report illegal e-cigarette sales, smoking behaviors, etc., forming a cooperative mechanism of community supervision and campus protection.
- (e) Organizing "Smoking-Free Community" activities – During the school anniversary fair, we held "Smoking-Free Campus, Smoke-Free Community" health promotion activities, which attracted enthusiastic participation from faculty, students, and community residents. It expanded the dissemination of smoke-free concepts through booth challenge games and promoted joint efforts between campus and community to create a healthy, smoke-free friendly environment. (Figure 3)



Figure 3. During the school anniversary fair, we held "Smoking-Free Campus, Smoke-Free Community" health promotion activities, which attracted enthusiastic participation from faculty, students, and community residents. It expanded the dissemination of smoke-free concepts through booth challenge games and promoted joint efforts between campus and community to create a healthy, smoke-free friendly environment.

(4) In 2024, under the project of Ministry of Education, we held "Service Learning Model Program for Preventing Student Drug Abuse in Universities and Colleges": Through theater troupe dramatic performances of "Eight Anti-Drug Strategies," interactive presentations, and prize-winning Q&A sessions, NCUE successfully conveyed important anti-smoking and anti-drug concepts to a total of 550 elementary and middle school students from schools including Nanguo Elementary School and Yangming Middle School in Changhua City, Renfeng Elementary School and Tianwei Elementary School in Tianwei Township of Changhua County, Daxing Elementary School in Fuxing Township, and Yingpan Elementary School and Zhangxing Elementary School in Nantou City. In these activities, students not only gained profound understanding of the necessity of refusing smoking and drugs through vivid theatrical performances, but also further strengthened their awareness of healthy lifestyle choices through interactive bilingual presentations. Particularly, the visual demonstration of "smoking causes aging and ugliness" vividly illustrated the negative effects of smoking on health and appearance, deeply impacting students' minds.

2. Campus "Smoke-Free" Policy:

- (1) NCUE responds to the government's comprehensive smoking prohibition policy, maintains the physical health of all faculty, staff, and students, and creates a smoke-free, healthy, fresh campus environment by immediately declaring itself a smoke-free campus.
- (2) According to the adoption of "National Changhua University of Education Student Tobacco Harm Management Guidelines," we established a campus tobacco harm prevention work organization and implemented comprehensive smoking cessation education to assist smokers in successfully quitting smoking and staying away from tobacco harm.

3. Special Features:

- (1) Anti-smoking advocacy vehicle campus-wide promotion: Daily use of anti-smoking advocacy vehicles circulating around campus to achieve campus-wide smoking prohibition advocacy effects.
- (2) To create NCUE's smoke-free campus atmosphere, "Reject Smoking Harm" signage has been installed, advocating that NCUE is a smoke-free campus, providing fresh campus environment for all faculty, students, and community residents as shown in Figures 4-5.
- (3) Collaborating with the community to promote smoke-free restaurants: 20 food and beverage establishments around the campus area support smoking prohibition and anti-smoking policies and have obtained NCUE smoke-free restaurant certification, providing more smoke-free dining

venues and extending the smoke-free environment beyond campus as shown in Figures 6-7.

	
Figure 4. On campus smoking prohibition signage - Main gate	Figure 5. On campus smoking prohibition signage - West gate
	
Figure 6. Smoke-free restaurant certification	Figure 7. Campus anti-smoking signage

4. Campus Smoking Cessation Services: Providing smoking cessation consultation and referral services for smoking faculty and students. (Figure 8)



Figure 8. NCUE provides smoking cessation consultation and referral services for smoking faculty and students

5. Review Policy:

- (1) Establishing "National Changhua University of Education Student Tobacco Harm Management Guidelines" to regulate NCUE students' avoidance of tobacco products:
<https://stuaffweb.ncue.edu.tw/var/file/39/1039/img/592/624507397.pdf>
- (2) Applying for the Ministry of Education 2022-2023 subsidy for implementing health promotion school programs in universities and colleges - "Fashion Health FashionGuide" smoke-free campus initiative:
<https://sites.google.com/gm.ncue.edu.tw/111health/%E7%84%A1%E8%8F%B8%E6%A0%A1%E5%9C%92%E5%81%A5%E5%BA%B7fashionguide>
- (3) National Changhua University of Education Student Dormitory Living Convention and Violation Handling Guidelines (including e-cigarette prevention regulations) link URL:
<https://studentweb.ncue.edu.tw/var/file/3/1003/img/517/356514929.pdf>

SDG 3.3.7 Mental health support for staff

Faculty and Staff Mental Health Service Program: Faculty and staff members at NCUE are occupied with heavy workloads in teaching, research, service, and various academic or administrative duties, bearing tremendous physical and mental pressure. Only by maintaining physical and mental health can they make sustainable contributions to NCUE's development. To ensure the physical health of every colleague, the university not only subsidizes health examination fees and reminds staff to undergo regular health check-ups but also implements a comprehensive mental health service program for faculty and staff to further promote their psychological well-being. Through self-assessment tools and psychological counseling services, we aim to enhance faculty and staff awareness of their stress tolerance and adaptation conditions, thereby improving their mental health and work adaptation capabilities.

1. Preventive Measures

(1) Planning Employee Spiritual Enrichment Lectures:

Content covers self-exploration, self-growth, emotion management, stress relief, communication skills, interpersonal relationships, marital communication, parental education, leadership development, career planning, lifelong learning, life education, conflict resolution, team building, and other topics.

(2) Emotional and Stress Self-Assessment Tools:

Emotional and physical symptoms serve as important indicators reflecting current stress adaptation conditions. The "Taiwan Depression Scale" is provided to faculty and staff to increase opportunities for self-assessment, enabling them to understand their current emotional and adaptation status, and to adjust or address difficulties and stress based on the results.

2. Employee Assistance Measures - Psychological Counseling Services (EAP):

(1) To create a warm, caring, and high-quality work culture and assist faculty and staff in resolving issues that may affect work performance, the university annually formulates an "Employee Assistance Program (EAP)" implementation plan based on employee service needs survey results. The program provides faculty and staff with up to 12 counseling sessions per year through NCUE's Community Psychological Counseling and Potential Development Center. Staff seeking counseling can directly contact the center and receive services from professional psychologists, with absolute confidentiality of personal information guaranteed. This service is provided **free** of charge, with all costs fully covered by the university.

(2) Through this program, the university aims to identify and assist colleagues in addressing difficulties in work or life that may affect their performance at an early stage, helping them engage in work with healthy physical and mental states, thereby enhancing morale and service effectiveness. The program provides diversified assistance measures. In 2024, regarding faculty and staff psychological counseling :

(a) The university annually conducts mental health assistance programs for faculty and staff - psychological counseling service activities, and designs feedback forms to understand

applicants' suggestions, serving as important references for improvement or continuation of the program.

- (b) NCUE's Community Psychological Counseling and Potential Development Center is responsible for providing **free** mental health support to employees. Working together with the Personnel Office, it implements mental health service programs for faculty and staff within the university, assisting the organization in constructing secondary prevention work for employee mental health. Through **free** psychological counseling, group sessions, lectures, and other methods, it promotes organizational personnel's enhancement of mental health knowledge and improves mental health levels, enabling them to focus on official duties during work hours, thereby enhancing work efficiency. In 2024, this program provided psychological counseling services totaling 113 sessions, with 19 colleagues seeking assistance.
- (c) Conducted the Second Semester Academic Advisor Conference and Academic Advisor Professional Development Workshop for Academic Year 2024 - This advisor workshop not only served as an important venue for enhancing the professional competencies of NCUE's academic advisors but also became a key platform for promoting exchanges between NCUE and principals of various levels of elementary and secondary schools in Changhua County, jointly constructing educational strategies. NCUE continues to play the role of an educational development promoter, working hand in hand with local communities to create a new landscape of "Beautiful Changhua, City of Hope" and "Happy Changhua, Educational Hope."

3. Diversified Employee Assistance Programs :

(1) Emphasizing prevention over treatment, committed to constructing a dynamic and efficient work environment to enhance overall organizational performance and competitiveness.

(2) Activity Implementation Status:

Course Name	Implementation Date	Number of Participants
Meridian Physical and Mental Health Self-Healing Workshop (4 sessions)	2024/3/15	55
	2024/3/29	
	2024/4/12	
	2024/4/26	
Essential Oil Physical and Mental Health Self-Healing Workshop	2024/7/18	19

(3) Related activity photographs are as follows Figures 1-2:



Figures 1. Meridian Physical and Mental Health Self-Healing Workshop



Figures 2. Essential Oil Physical and Mental Health Self-Healing Workshop

(4) For colleagues with disabilities, the university also pays attention to their special needs, assists in removing workplace barriers, creates a friendly and supportive workplace atmosphere, ensures stable employment, and enhances work efficiency.

4. Overall, the EAP program serves as an important support system for colleagues facing challenges and as a crucial measure for continuously promoting a healthy and active workplace, enhancing colleagues' well-being, and fostering sustainable organizational development.

Related Links:

1. NCUE Faculty and Staff Counseling Program (EAP Employee Assistance Program): <https://humanweb.ncue.edu.tw/p/426-1021-21.php?Lang=zh-tw>
2. National Changhua University of Education Faculty and Staff Mental Health Service Program (EAP Employee Assistance Program): <https://sdg.ncue.edu.tw/var/file/32/1032/img/321/706855176.pdf>
3. Campus Mental Health Promotion Program - Academic Advisor Professional Development Workshop: <https://www.ncue.edu.tw/p/406-1000-29997,r622.php?Lang=zh-tw>